

MANILLA CENTRAL SCHOOL - ASSESSMENT TASK NOTIFICATION 2023

Stage 4 PDHPE – R SINGLETON, R FELSTEAD

Task Number: 3

Weight: 30%

Notification Date: Term 3, Week 3 – Monday 31/07/2023

Due Date: Term 3, Week 7 – Monday 28/08/2023 by 3:20pm to your teacher



PASSPORT TO THE BODY

OUTCOMES ASSESSED

PD4-1 examines and evaluates strategies to manage current and future challenges

PD4-6 recognises how contextual factors influence attitudes and behaviours and proposes strategies to enhance health, safety, wellbeing and participation in physical activity

PD4-8 plans for and participates in activities that encourage health and a lifetime of physical activity

TASK DESCRIPTION

In class, we have been learning about the human body; how it works, why we feel emotions, and what is happening to the body when we grow.

You will be provided with your “Passport to the Body” booklet during class and will complete most activities during class time.

TASK INSTRUCTIONS

You are required to complete your booklet to the best of your ability and to submit it by the due date.

The booklet will focus on the follow key questions:

- How does our body work?
- What starts our body changing and why doesn't it just happen overnight?
- What happens when I feel an emotion and why do I feel that emotion?
- What happens when I eat, what do I need to eat to feel good or what happens when I exercise?
- Is my brain responsible for my mental health? Or is the environment around me responsible for stress and anxiety?
- Why do I feel good when I do certain things, or emotional when I do other things?
- During this time of uncertainty and transition, if we remove the mystery of why and how our body does things, and how it may impact on us emotionally, individual responses may be different.
- If we learn about the body, will it change the way we see ourselves?

Teacher's signature:

Miss R Singleton

Teacher's signature:

Mrs R Felstead

Head Teacher's signature:

Miss A Nott

Deputy Principal's signature:

Mrs A Lawrence

Marking Guidelines

Marking Criteria:

<ul style="list-style-type: none"> • All questions and activities are completed to a outstanding standard. • All responses are thoroughly researched and correct. • Diagrams are clear and completed with detail. 	8-10
<ul style="list-style-type: none"> • Most questions and activities are completed to an detailed standard. • Most responses are well researched and correct. • Diagrams are clear and completed. 	5-7
<ul style="list-style-type: none"> • Some questions and activities are completed to a sound standard. • Some responses are researched. • Diagrams are incomplete. 	2-4
<ul style="list-style-type: none"> • Some questions and activities are completed to a limited standard. • Little/no evidence of research. • Little/no completion of diagrams. 	0-1
<ul style="list-style-type: none"> • Non-serious attempt/non-attempt 	0

Feedback:

Teacher Signature: _____ Date: _____

Task Mark	Task Rank	Cumulative Rank