

NORTH WEST SECONDARY ATHLETICS TRIAL



N.B. STARTING TIME
8.30am SHARP!

SCAN ME

FOR A COPY ON YOUR PHONE



SECTION A (8.30AM - 9.00AM)

Girls	14 years	3000m Final
Boys	15 years	3000m Final
Girls	17+ years	3000m Final
Boys	17+ years	3000m Final
Boys	17+ years	Javelin (Area 1)

SECTION B (9.00AM - 9.45AM)

Boys	12 years	100m	Heats	Girls	12 years	High Jump (Area 2)
Boys	13 years	100m	Heats	Girls	13 years	Discuss (Area 1)
Boys	14 years	100m	Heats	Girls	14 years	Long Jump (Area 1)
Boys	15 years	100m	Heats	Girls	15 years	High Jump (Area 1)
Boys	16 years	100m	Heats	Girls	16 years	Discuss (Area 2)
Boys	17 years	100m	Heats	Girls	17+years	Long Jump (Area 2)
Boys	12 years	100m	Final			
Boys	13 years	100m	Final			
Boys	14 years	100m	Final			
Boys	15 years	100m	Final			
Boys	16 years	100m	Final			
Boys	17+ years	100m	Final			

NOTE: EACH SECTION SHOULD BE FINISHED BEFORE MOVING ON BUT TRACK EVENTS WILL BE CALLED EVEN IF FIELD EVENTS ARE NOT COMPLETED. TRACK EVENTS MUST TAKE PRIORITY.

SCHEDULE OF EVENTS

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SECTION C (9.45 - 10.30AM)

Girls	12 years	100m	Heats	Boys	12 years	High Jump (Area 1)
Girls	13 years	100m	Heats	Boys	13 years	High Jump (Area2)
Girls	14 years	100m	Heats	Boys	14 years	Discus (Area 1)
Girls	15 years	100m	Heats	Boys	15 years	Shot Put (Area 2)
Girls	16 years	100m	Heats	Boys	16 years	Triple Jump (Area 3)
Girls	17 years	100m	Heats	Boys	17+years	Discus (Area 2)
Girls	12 years	100m	Final			
Girls	13 years	100m	Final			
Girls	14 years	100m	Final			
Girls	15 years	100m	Final			
Girls	16 years	100m	Final			
Girls	17+years	100m	Final			

SECTION D (10.30AM - 11.15AM)

Boys	14 years	400m	Time Trial	Girls	12 years	Shot Put (Area 2)
Boys	15 years	400m	Time Trial	Girls	13 years	Long Jump (Area 1)
Boys	16 years	400m	Time Trial	Girls	14 years	Javelin (Area 2)
Boys	17+ years	400m	Time Trial	Girls	15 years	Javelin (Area 1)
				Girls	16 years	Triple Jump (Area 3)
				Girls	17+years	Shot Put (Area 1)

SECTION E (11.15am - 12.00pm)

Girls	14 years	400m	Time Trial	Boys	12 years	Long Jump (Area 2)
Girls	15 years	400m	Time Trial	Boys	13 years	Discus (Area 1)
Girls	16 years	400m	Time Trial	Boys	14 years	High Jump (Area 2)
Girls	17+years	400m	Time Trial	Boys	15 years	Triple Jump (Area 3)
				Boys	16 years	Discuss (Area 2)
				Boys	17+years	Shot Put (Area 2)

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SECTION F (12:00pm - 12:30pm)

All Boys & Girls 4 x 100m Relays	Boys	16 years	Javelin (Area 2)
	Girls	17+years	Javelin (Area 1)

SECTION G (12:30am - 1:15pm)

Boys	12 years	200m	Time Trial	Girls	12 years	Long Jump (Area 1)
Boys	13 years	200m	Time Trial	Girls	13 years	High Jump (Area 1)
Boys	14 years	200m	Time Trial	Girls	14 years	Discus (Area 2)
Boys	15 years	200m	Time Trial	Girls	15 years	Triple Jump (Area 3)
Boys	16 years	200m	Time Trial	Girls	16 years	Shot Put (Area 1)
Boys	17+years	200m	Time Trial	Girls	17+years	Discus (Area 1)

SECTION H (1:15pm - 2.00pm)

Girls	12 years	200m	Time Trial	Boys	12 years	Shot Put (Area 2)
Girls	13 years	200m	Time Trial	Boys	13 years	Javelin (Area 2)
Girls	14 years	200m	Time Trial	Boys	14 years	Shot Put (Area 1)
Girls	15 years	200m	Time Trial	Boys	15 years	Javelin (Area 1)
Girls	16 years	200m	Time Trial	Boys	16 years	High Jump (Area 1)
Girls	17+years	200m	Time Trial	Boys	17+years	Long Jump (Area 2)

SECTION I (2:00pm - 2:45pm)

Girls	14 years	1500m	Final	Girls	13 years	Shot Put (Area 2)
Boys	14 years	1500m	Final	Boys	13 years	Shot Put (Area 1)
Girls	15 years	1500m	Final	Girls	14 years	High Jump (Area 2)
Boys	15 years	1500m	Final	Boys	14 years	Long Jump (Area 1)
Girls	16 years	1500m	Final	Girls	15 years	Discus (Area 2)
Boys	16 years	1500m	Final	Boys	15 years	Discus (Area 1)
Girls	17+years	1500m	Final	Girls	16 years	Long Jump (Area 2)
Boys	17+years	1500m	Final	Girls	17+years	High Jump (Area 1)
				Boys	17+years	Triple Jump (Area 3)

SCHEDULE OF EVENTS

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SECTION J (2:45pm - 3:30pm)

Boys	12 years	800m	Final	Girls	13 years	Javelin (Area 2)
Girls	12 years	800m	Final	Girls	14 years	Shot Put (Area 2)
Boys	13 years	800m	Final	Girls	15 years	Long Jump (Area 1)
Girls	13 years	800m	Final	Girls	16 years	High Jump (Area 1)
Boys	14 years	800m	Final	Boys	12 years	Discus (Area 1)
Girls	14 years	800m	Final	Boys	13 years	Long Jump (Area 2)
				Boys	15 years	High Jump (Area 2)
				Boys	16 years	Shot Put (Area 1)

SECTION K (3:30pm - 4:15pm)

Boys	15 years	800m	Final	Girls	12 years	Discus (Area 1)
Girls	15 years	800m	Final	Girls	15 years	Shot Put (Area 1)
Boys	16 years	800m	Final	Girls**	16 years	Javelin (Area 2)
Girls	16 years	800m	Final	Girls	17+ years	Triple Jump (Area 3)
Boys	17+ years	800m	Final	Boys**	14 years	Javelin (Area 2)
Girls	17+ years	800m	Final	Boys	15 years	Long Jump (Area 1)
				Boys	16 years	Long Jump (Area 2)
				Boys	17+ years	High Jump (Area 1)

** these events combined