



Manilla Central School Canteen

Secondary Menu - 2022

Salad Bowls



Sandwiches and Rolls

	Sand / Roll
Vegemite	\$1.50 / \$2.00
Jam	\$2.00 / \$2.50
Cheese	\$1.50 / \$2.00
Cheese & Tomato	\$3.00 / \$3.50
Egg (Plain or Curried)	\$2.50 / \$3.00
Egg & Lettuce	\$3.00 / \$3.50
Ham	\$2.50 / \$3.00
Ham & Cheese	\$3.00 / \$3.50
Ham, Cheese, Tomato	\$3.50 / \$4.00
Ham, Cheese & Pickles	\$3.00 / \$3.50
Ham and Salad	\$4.50 / \$5.00
Ham, Tomato, Cheese, Lettuce, Cucumber, Carrot & Beetroot	\$3.00 / \$3.50
Chicken	\$3.00 / \$3.50
Chicken & Cheese	\$3.50 / \$4.00
Chicken, Lettuce & Mayo	\$3.50 / \$4.00
Chicken & Salad	\$4.50 / \$5.00
Chicken, Tomato, Cheese, Lettuce, Beetroot, Carrot & Cucumber	\$4.00 / \$4.50

Toasted Sandwiches

Cheese	\$2.00
Ham & Cheese	\$3.00
Ham, Cheese & Tomato	\$3.50
Chicken & Cheese	\$3.50

Roast Chicken Salad (Diced fresh Chicken, Lettuce, Tomato, Cucumber, Sliced Beetroot, Grated Cheese, Salad Dressing)	\$6.00
Ham Salad (Sliced Ham, Lettuce, Tomato, Cucumber, Sliced Beetroot, Grated Cheese, Salad Dressing)	\$6.00
Egg Salad (Boiled Eggs, Lettuce, Carrot, Pineapple, Sliced Beetroot, Grated Cheese, Salad Dressing)	\$6.00
Salad - No Meat (Lettuce, Tomato, Pineapple Pieces, Sliced Beetroot, Cucumber, Grated Cheese, Salad Dressing)	\$5.00
Tuna Salad	\$6.00
Dressings – Mayonnaise, Italian, Balsamic	\$0.50

Wraps

Chicken Tender Wrap (Chicken Tender, Lettuce, Tomato, Grated Cheese)	Full	\$5.00
	Half	\$3.50
Sweet Chilli Tender Wrap (Chicken Tender, Lettuce, Tomato, Grated Cheese)	Full	\$5.00
	Half	\$3.50
Ham & Salad (Sliced Ham, Lettuce, Tomato, Beetroot, Grated Cheese)	Full	\$6.00
	Half	\$4.00
Chicken Salad Wrap (Chicken, Lettuce, Tomato, Grated Cheese)	Full	\$6.00
	Half	\$4.00

Hot Food

Sausage Roll	\$2.50
Plain Pie	\$4.00
Cheese & Bacon Pie	\$4.00
Beef & Pepper Pie	\$4.00
Goujons - 5	\$3.00
Plain Chicken Tenders – 2	\$3.50
Sweet Chilli Tenders – 2	\$3.50
Salt & Vinegar Tenders – 2	\$3.50
Lasagne	\$4.00
Spaghetti Bolognese	\$4.00
1/2 Garlic Bread	\$2.00
Full Garlic Bread	\$3.50
Tomato/BBQ Sauce Sachets	\$0.20

Pizza

Pizza Ham & Cheese	\$3.00
Pizza Ham, Cheese & Pineapple	\$3.50
Pizza BBQ Chicken	\$3.50

Burgers

Chicken – Chicken, Cheese, Tomato, Lettuce & Mayo	\$5.50
Beef – Beef, Cheese, Lettuce, Tomato, Beetroot & BBQ Sauce	\$5.50
Cheese Burger – Beef & Cheese	\$4.00
Hawaiian Burger – Beef, Cheese, Tomato, Lettuce & Pineapple	\$6.00



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Gluten Free

Nuggets - 5	\$3.00
Chicken Tenders - 2	\$3.00
Snaps	\$2.50
Popcorn	\$1.00
Bulla Ice Cream	\$1.50
Twisted Frozen Yogurt	\$2.50

Snacks - Break 1 & 2

Seasonal Fresh Fruit	\$1.00
Watermelon	\$2.00
Boiled Egg	\$0.50
Carrot Sticks (6 pack)	\$0.50
Cheese Slice With Rice Crackers	\$1.50
Cruskets with Vegemite or Cheese	\$0.50
Yogurt Tubs	\$1.00
Red Rock Sea Salt	\$2.00
Red Rock Honey Soy Chips	\$2.00
Snaps	\$2.50
Grain Waves	\$2.00
Popcorn	\$1.00
Yogurt Tubs	\$1.00
Jelly Cups	\$1.00

Snacks - Break 2 only

Sunfruits - (5 for 50c)	\$0.50
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Drinks

Water 600ml	\$1.50
Oak 300ml Van Malt	\$2.50
Oak 300ml Choc	\$2.50
Oak 300ml Strawb	\$2.50
Lactose Free Choc Milk	\$3.00
Plain Milk 250ml	\$1.50
Warm Milo 250ml	\$1.00
Oak 500ml Choc	\$4.00
Oak 500ml Strawb	\$4.00
Ice Break	\$4.00
Up & Go Choc 250ml	\$3.00

Popper 200ml

Orange & Passio	\$1.50
Apple	\$1.50
Apple/Blackcurrant	\$1.50

Chill J Fizzy 250ml

Raspberry	\$2.50
Grape	\$2.50
Orange & Passio	\$2.50

Icy Poles - Break 2 only

Bulla Ice Cream Cup	\$1.50
Twisted Frozen Yoghurt	\$2.00
Snap Sticks	\$1.00

The Manilla Central School Canteen is helped by a small group of volunteers.

WE NEED YOUR HELP!

If you are able to volunteer some time, please contact the school office for details.

All moneys raised at the canteen goes back into the school through the P&C Association. This money is used to assist sporting, cultural, academic and many other worthwhile projects.

Special Food Days

These days are held regularly throughout the year, they are usually advertised in the school newsletter or by special flyer.

**Gluten Free Options
also available
on special food days.**