



# Manilla Central School Canteen

## Primary/ Secondary Menu - 2023



### Sandwiches and Rolls

	Sand / Roll
Vegemite	\$2.00 / \$2.50
Jam	\$2.00 / \$2.50
Cheese	\$2.00 / \$2.50
Cheese & Tomato	\$2.50 / \$3.00
Egg (Plain or Curried)	\$3.00 / \$3.50
Egg & Lettuce	\$3.50 / \$4.00
Ham	\$3.00 / \$3.50
Ham & Cheese	\$3.50 / \$4.00
Ham, Cheese, Tomato	\$3.50 / \$4.00
Ham, Cheese & Pickles	\$3.50 / \$4.00
Ham & Salad	\$5.50 / \$6.00
Ham, Tomato, Cheese, Lettuce, Cucumber, Carrot & Beetroot	
Salad	\$4.00 / \$4.50
Lettuce, Tomato, Cheese, Cucumber, Carrot & Beetroot	
Chicken	\$3.50 / \$4.00
Chicken & Cheese	\$4.00 / \$4.50
Chicken, Lettuce & Mayo	\$4.00 / \$4.50
Chicken & Salad	\$5.50 / \$6.00
Chicken, Tomato, Cheese, Lettuce, Beetroot, Carrot & Cucumber	

### Toasted Sandwiches

Cheese	\$2.50
Ham & Cheese	\$3.50
Ham, Cheese & Tomato	\$4.00
Chicken & Cheese	\$4.00

### Salad Bowls

Roast Chicken Salad	\$7.00
(Diced fresh Chicken, Lettuce, Tomato, Cucumber, Beetroot, Carrot, Grated Cheese, Salad Dressing)	
Ham Salad	\$7.00
(Sliced Ham, Lettuce, Tomato, Cucumber, Beetroot, Carrot, Grated Cheese, Salad Dressing)	
Egg Salad	\$7.00
(Boiled Eggs, Lettuce, Carrot, Pineapple, Beetroot, Grated Cheese, Salad Dressing)	
Salad - No Meat	\$6.00
(Lettuce, Tomato, Pineapple, Beetroot, Cucumber, Grated Cheese, Salad Dressing)	

Dressings – Mayonnaise, Italian, Balsamic or Caesar

### Wraps

Chicken Tender Wrap (Chicken Tender, Lettuce, Tomato, Grated Cheese)	
<b>Plain, Sweet Chilli or Salt &amp; Vinegar</b>	
Full	\$6.00
Half	\$4.00
Ham & Salad (Sliced Ham, Lettuce, Tomato, Beetroot, Cucumber, Carrot, Grated Cheese)	
Full	\$6.00
Half	\$4.00
Chicken Salad Wrap (Chicken, Lettuce, Tomato, Beetroot, Cucumber, Carrot, Grated Cheese)	
Full	\$6.00
Half	\$4.00

### Hot Food

Small Pie	\$2.50
Large Pie	\$4.00
Plain, cheese & bacon or beef & pepper	
Snack Sausage Roll	\$1.50
Large Sausage Roll	\$3.00
Dino Snacks - 5	\$3.50
Goujons - 5	\$3.50
Plain Chicken Tenders x 2	\$4.00
Sweet Chilli Tenders x 2	\$4.00
Salt & Vinegar Tenders x 2	\$4.00
Lasagne	\$5.00
Spaghetti Bolognaise	\$5.00
Pizza Melts	\$1.50
1/2 Garlic Bread	\$2.00
Full Garlic Bread	\$3.50
Tomato/BBQ Sauce Sachets	\$0.20
Soup – cooler months only	\$3.00
Pumpkin or chicken & vegetable with a roll	

### Burgers

Chicken	\$5.50
Chicken, Cheese, Tomato, Lettuce & Mayo	
Beef	\$5.50
Beef, Cheese, Lettuce, Tomato, Beetroot & BBQ Sauce	
Cheese Burger – Beef & Cheese	\$4.50
Hawaiian Burger	\$6.00
Chicken, Cheese, Tomato, Lettuce & Pineapple	



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### Pizza

Ham & Cheese	\$3.50
Ham, Cheese & Pineapple	\$4.00
BBQ Chicken	\$4.00

### Gluten Free

Nuggets - 5	\$3.50
Chicken Tenders - 2	\$4.00
Popcorn	\$1.00
Bulla Ice Cream	\$2.00
Twisted Frozen Yogurt	\$2.50

### Snacks - Break 1 & 2

Seasonal fresh fruit	\$2.00
Watermelon	\$2.00
Boiled egg	\$0.50
Carrot sticks (6 pack)	\$0.50
Hummus with carrot sticks	\$2.00
Cheese Slice With Rice Crackers	\$1.50
Red Rock Sea Salt	\$2.00
Popcorn	\$1.00
Yogurt Tub	\$1.00
Jelly Cup	\$1.00
Custard Cup	\$1.50
Jelly & Custard Cup	\$1.50
Sultana & Apple pack	\$1.50
Sultana & Cranberry Pack	\$1.50

### Drinks

Water 600ml	\$1.50
Oak 300ml Van/Malt	\$2.50
Oak 300ml Choc	\$2.50
Oak 300ml Strawberry	\$2.50
Lactose Free Choc Milk	\$3.00
Oak 500ml Choc	\$4.00
Oak 500ml Strawberry	\$4.00
Plain Milk 250ml	\$1.50
Warm Milo 250ml	\$1.00
Up & Go Choc 250ml	\$3.00

### Secondary Only

Oak Iced Coffee 500ml	\$4.00
Oak Iced Coffee 300ml	\$2.50
Ice Break Coffee 500ml	\$4.50

### Popper 200ml

Orange	\$1.50
Apple	\$1.50
Apple/Blackcurrant	\$1.50
Tropical	\$1.50
Golden Passion	\$1.50

### Chill J Fizzy 250ml

Raspberry	\$3.00
Grape	\$3.00
Orange & Passion	\$3.00

**The Manilla Central School Canteen is helped by a small group of volunteers.**

**WE NEED YOUR HELP!**

**If you are able to volunteer some time, please contact the school office for details.**

**All money raised at the Canteen goes back into the School through the P&C Association. This money is used to assist sporting, cultural, academic and many other worthwhile projects.**

### Special Food Days

These days are held often throughout the year and are usually advertised in the school newsletter or by special flyer.

**Gluten Free Options also available on special food days**