

Manilla Central School



Newsletter

K-12 Newsletter No 36
Monday, 13th November, 2023



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Remembrance Day

Last Friday kindergarten through to our seniors came together to commemorate Remembrance Day. Our Primary captains Taya, Zari, Tahlia and Joe all spoke beautifully, as did Rose who recited the poem 'In Flanders Field' and Gracie-Ann who read The Ode. Jack, Zander and Malarhye raised the flags to the masthead during a moment of reflection. All students displayed respect in honour of the fallen.

Lest we forget.



Remembrance Day - Town Service

On the 11th hour, of the 11th day, of the 11th month, we will remember them.





Come and
YARN
with us!

Learn how to apply for roles in NSW Public Schools

Scan the QR code or contact the Aboriginal and Torres Strait Islander Recruitment and Programs team at AP.SSSR@det.nsw.edu.au to join us online

Aboriginal Education Officer
Full Time - Ongoing

Manilla Central School

Friday 17 November 2023
2pm



Job Reference Number: 0000A1W8



S3 Saturn

Term 4 has been an extremely busy time for S3 Saturn; trip to Sydney, the weekly visits to the High School for the Literacy and Numeracy Project, Year 6 and the Opportunity Hub and now Year 5 acting as Kinder buddies to the transitional class. So busy in fact there has barely been time to mention the intensive swimming program about to start.

As part of Daily Fitness S3 Saturn are working on Fundamental Movement Skills encouraging balance and co-ordination. One of the more interesting sessions involved the use of hoops and students linking arms to form circles. Students then needed to remain attached to their buddies on either side and contort themselves to fit through the hoop, while moving the hoops through the circle. Our class discovered through trial and error that the smaller the hoop, the easier the challenge was to complete.



Flags for the Fallen

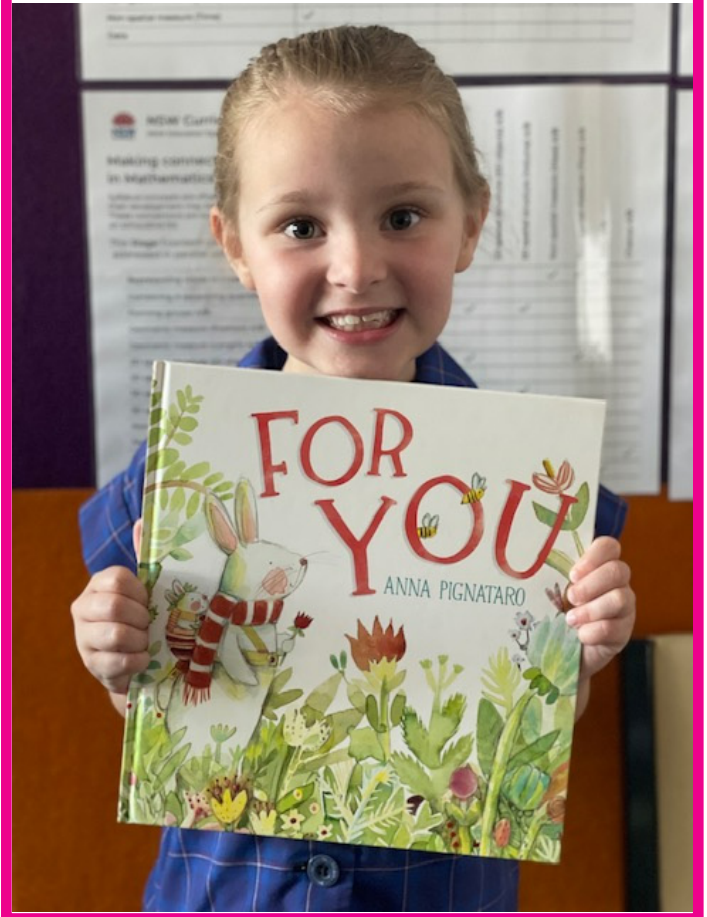
Captains, SRC members and Year 6 students attended the Manilla Cemetery to assist the RSL to place flags on the graves of our Fallen in preparation for Remembrance Day.



Home Reader Award

Term 4, Week 6

Amelia Bann



T-Ball

The Friday afternoon T-ball competition has proven to be a popular way to wrap up the week for many of the primary students at MCS. Over the last 5 weeks it has been pleasing to see the participants skills in catching, throwing, running and hitting all improve.

Last Friday was the final round of the T-ball and was probably the best game played in terms of skill levels and excitement, with only 1 run separating the teams at the end of the day.

A huge thank you to Mrs Ormiston for all of her work in helping to get this started, and also to the parents who were able to bring their kids to the games. We look forward to running the competition next year.

The photo shows Rocco White launching a ball towards Gunnedah.



Hospitality Students

Year 11 Hospitality students assisted Manilla View Club with their Melbourne Cup luncheon again this year. They represented Manilla Central School beautifully and displayed excellent customer service. We thank the View Club for allowing the students to practice their skills.



Home Reading Awards



6 Tips to get your Kids Eating More Vegetables

Here's how you can 'pledge to eat more veg' as a family!

1. Set a goal to try a new vegetable each day - cauliflower, beans, capsicums, carrots, zucchini, sweet potatoes and cabbage are all in season now.
2. Include vegetables at snack time - carrot sticks, cucumbers or celery sticks with hummus make a great snack for kids.
3. Add an extra serve of vegies to the dinner table each night.
4. Get your kids to help with preparing dinner - if they help to cook it, they're more likely to eat it!
5. Talk about how vegies are grown, where they come from and how they get from the farm to the table.

Check out some of these 'kid-friendly recipes' at <https://www.healthykids.nsw.gov.au> that incorporate vegies - because it shouldn't be hard!



Melbourne Cup Day

And they're racing!!!

Our primary campus enjoyed a fabulous day celebrating the Melbourne Cup festivities.

Students dressed up for the occasion with Fashions on the Field taking place in each class.

The fun continued during break time with students racing their own "horses" using pool noodles. A special thank you to Mrs Ormiston and the SRC team for their assistance!



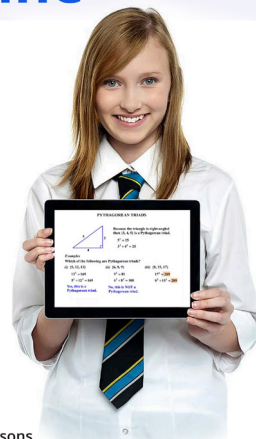
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EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every
chance to succeed...*

Every day counts!



COMING EVENTS - Week 1 Week A or B

Mon, 13 Nov	Kindergarten Transition
Tue, 14 Nov	Intensive Swimming - Years 2-6
Wed, 15 Nov	Intensive Swimming - Years 2-6
Thu, 16 Nov	PBL Assembly
	Intensive Swimming - Years 2-6
Fri, 17 Nov	Stand Tall
	Intensive Swimming - Years 2-6

Manilla Central School, as a service to the school community, may publicise non-school events which may be of interest. Manilla Central School does not endorse or sponsor these events and accepts no responsibility for the service provided.