



Parent/Guardian Excursion Information Form

Name of Excursion: Water Survival Challenge

Date/Time: Tuesday 11th February 2020 1:34pm – 3:20pm

Curriculum Learning Area: Sport

Teacher-in-charge: Miss Wrightson

Location/Venue: Manilla Pool

Travel Arrangements: Walking

Note: Parents transporting students other than own, must produce current D/L & rego to office

Dress (eg School Uniform): Sports Uniform & Swim Wear

Leaving from: Manilla Central School @ 1:34pm

Returning to: Manilla Central School @ 3:20pm

Total cost to be paid to school office: No cost
(not including personal extras)

Eating Arrangements: Students to have lunch at school prior to leaving

Group to be supervised by: Miss Wrightson

Additional Information: Please ensure that your child comes prepared with appropriate clothing (long-sleeved shirt, hat, etc) and sunscreen.
This challenge is to help assess your child's aquatic proficiency prior to the swimming carnival

Please return attached consent form by: Tuesday 11th February 2020

Mr M Windred
Principal

Miss Wrightson
Coordinator

Parents are asked to complete the CONSENT FORM below and return it to school with payment before the deadline date. The office is open before school each morning.

Manilla Central School Excursion Consent Form

I hereby consent to of Year
(student's name)

participating in **Water Survival Challenge**

at **Manilla Pool** on **Tuesday 11th February 2020** from **1:34pm – 3:20pm**

I understand that the travel arrangements are by **walking**

Special needs of my child of which you should be aware (eg allergies, medication – please provide full details):

.....
.....

Credit card payments can now be made online at <https://manilla-c.schools.nsw.gov.au/>. Click on the *Make a Payment* tab and follow the prompts. Please use as the payment description.

[] Enclosed is **\$NIL** for the above excursion – please pay to office

[] I have made an Online payment for \$ via the Manilla Central School website.

My receipt number is Date

Signature:
(parent/guardian)

Date:

**** Please return this consent form by Tuesday 11th February 2020**

Unstructured - aquatic activities

Unstructured swimming is free swimming on celebration or reward days, or free swimming as part of or added to:

An excursion,
A school carnival
A school camp, or
A weekly swimming program

This excursion will involve the following unstructured aquatic activities:

Free Swim at Secondary Swimming Carnival

Prior to participation all students nominated on this form by their parent/caregiver as a swimmer will be required to participate in an aquatic pre-activity water survival challenge to look at your child's aquatic proficiency.

The aquatic pre-activity **Water Survival Challenge** comprises the following continuous progression – a slide in entry, a walk of 5m in shallow end of pool, a swim of 25 metres using a recognised stroke and 1 minute float, scull or tread water in deep water followed by an unassisted exit.

Students nominated by their parent/caregiver on this form as a non-swimmer will not be allowed in deep water and will not have to do the water survival challenge.

At the completion of the **Water Survival Challenge** your child will be issued with either:

Blue wrist band allowing them to participate in deep water unstructured activities
Yellow wrist band allowing them to participate in shallow water (waist deep) activities.

Any student who is not permitted to go in the water or is not able to walk safely in the water with balance and stability will not take part in any water activities. Appropriate non – aquatic activities have been planned for these children

All activities will take place at: **Manilla Pool**

Unstructured - aquatic activities - response

Please clearly circle one:

My child is **permitted** to go in the water
My child is **not permitted** to go in the water

If your child is permitted to go in the water (please clearly circle one:

My child is a **swimmer***
My child is a **non – swimmer***

.....

Signed parent / care giver

(***Please note:** Non – swimmers will only be allowed in shallow water (waist deep). Swimmers will be allowed in deep water).