

PRELIMINARY PDHPE SCOPE AND SEQUENCE 2022

PRELIMINARY COURSE (120 hrs)											
		WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
TERM 1 2022	ASSESSMENT									ASSESSMENT TASK 1 (30%)	
										Analysis – Biomechanics in Sport - P7, P8, P9, P17	
	UNIT	Preliminary Core 2: The Body In Motion (30% course time) (10 weeks) Outcomes: P7, P8, P9, P10, P11, P16, P17									

		WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
TERM 2 2022	ASSESSMENT										
	UNIT	Preliminary Core 1: Better Health for Individuals (30% course time) (10 weeks) Outcomes: P1, P2, P3, P4, P5, P6, P15, P16									

		WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
TERM 3 2022	ASSESSMENT					ASSESSMENT TASK 2 (40%)				ASSESSMENT TASK 3 (30%)	
						Multimedia - Promoting Health and Fitness - P4, P5, P6, P15				Yearly Examination – All Year 11 course outcomes	
	UNIT	Option 3: Fitness Choices (20% course time) (6 Weeks) Outcomes: P5, P6, P10, P15, P16, P17					Option 1: First Aid (20% course time) (6 weeks) Outcomes: P6, P12, P15, P16				