

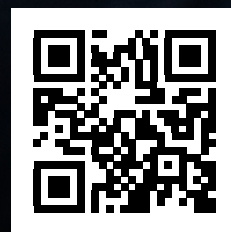
**Emerging
Minds.**

National Workforce
Centre for Child
Mental Health

Need help supporting your child's mental health during COVID-19?

This free online toolkit includes videos, fact sheets, podcasts and guides to help your family navigate the pandemic.

Scan the QR code to get started.



**emerging
minds.
com.au**

**For translated resources available in
18 different languages, check out:**

Helping
children
cope with
stress during
COVID-19



Using play
to support
children
during
COVID-19

