Name:

#### Manilla Central School



#### Stage 3 Learning from Home

2021 Term 3 Week 7

#### Stage 3 Term 3 Week 7 - Monday

	Morning	Notes for Teacher	Completed
10min	Quiet Reading – read a book, newspaper, magazine		
20mins	Spelling		
	Complete LCWC sheet		
	• Complete one activity for maximum of 10 words		
	from spelling activity page		
30mins	Reading and Comprehension		
	<ul> <li>Read your novel and complete activities</li> </ul>		
	Complete Comprehension pages		
30mins	Vocabulary - Complete this week's words in Google		
	Classroom OR the sheets provided.		
	<ul> <li>declaration</li> </ul>		
	<ul> <li>international</li> </ul>		
	<ul> <li>traditional</li> </ul>		

	Middle	Notes for Teacher	Completed
30mins	<ul> <li>Writing - Skill focus: direct speech in writing</li> <li>read posters about inverted commas and quotation marks rules</li> <li>Complete sheets Do away with the dull and Said is dead</li> </ul>		
10mins	Brain Break activity		
40mins	Mathematics <ul> <li>Number Talk</li> <li>Time activities</li> </ul>		
30mins	Numeracy activities - your choice- circle the one complete		
	<ul> <li>Prodigy</li> <li>Study ladder</li> <li>Ed Alive</li> <li>Turning Club</li> </ul>		
	<ul><li>Typing Club</li><li>English and Numeracy Booklet</li></ul>		
15mins	<ul> <li>PE/Fitness - write in notes what you did.</li> <li>Go noodle, just dance, throw a ball, ride your bike, play a game with siblings, yoga, running</li> </ul>		
	Afternoon	Notes for Teacher	Completed

	Atternoon	Notes for Teacher	Completed √
15mins	Mindfulness Activity- circle the one chosen		
	<ul> <li>Colouring</li> </ul>		
	<ul> <li>Brain Breaks - Charades or scavenger hunt</li> </ul>		
	<ul> <li>Listen to some music</li> </ul>		
40mins	Visual Arts - Elements of Art - Texture		
	complete the activities		
10mins	Finish and check work from today		

#### **Vocabulary**

#### Learning Intention:

We are learning about language - vocabulary

#### Success Criteria:

- We can define technical vocabulary using our own words and images. \* \*
  - We can correctly use learnt vocabulary in a sentence.
- We can use morphemic spelling strategies to spell additional words. \*

We can identify synonyms and antonyms to help understand new vocabulary. \*

[example]

#### Word: expand

What it is or isn't	Use it in a sentence	Morphemic word building (base words/prefixes/suffixes)
It is to make something bigger. It isn't changing it completely.	The object will expand as it increases in heat.	expands expanding expanded expansion expandable unexpandable
Synonyms	Antonyms	Visual Representation
inflate swell distend	shrink contract collapse condense	

Week 7 - [insert date]

# Word: declarations

What it is or isn't	Use it in a sentence	Morphemic word building (base words/prefixes/suffixes)
Synonyms	Antonyms	Visual Representation

Week 7 - [insert date]

# Word: international

What it is or isn't	Use it in a sentence	Morphemic word building (base words/prefixes/suffixes)
Synonyms	Antonyms	Visual Representation

Week 7 - [insert date]

## Word: traditional

What it is or isn't	Use it in a sentence	Morphemic word building (base words/prefixes/suffixes)
Synonyms	Antonyms	Visual Representation

# Inverted Commas

## **Beginning and End**

at the beginning and the end Keep your inverted commas of the words being spoken. "Stop!" I said.

Inverted Commas **Quotation Marks Different Names** are also called: Speech Marks

## New Speaker, New Line

"How are you doing today?" Start a new line whenever "I'm great!" said Ashton. someone new speaks. asked Henry.

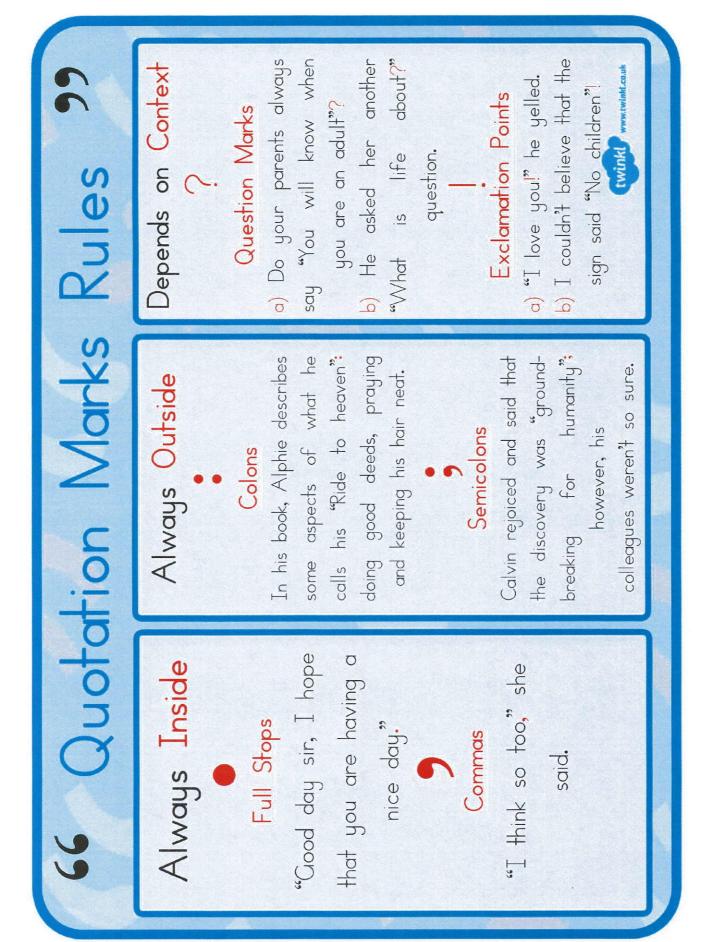
#### Commas

Ashton whispered, "Be quiet!" Remember to add commas. "Goodbye," said Jules.

## **Capital Letter**

"What an amazing day!" Begin what is spoken with a capital letter! he announced.

that you are a little cold," is correctly punctuated! Make sure your speech 'There are times, I feel Punctuation said. twinkl



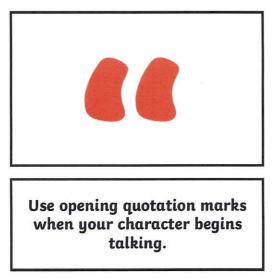
#### Do Away with the Dull:

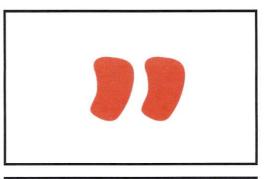
#### **Adding Dialogue Activity**

Stories don't need to be dull! We can easily add dialogue to move the story along and make it more interesting.

Another word for dialogue is direct speech. This is when you write something your character says, exactly how they're saying it. The reader knows that your character is talking because they can see the **quotation marks**.

**Quotation marks** are a type of punctuation. We use quotation marks to show what a character is saying in our writing. Quotation marks look like this:





Use closing quotation marks when your character stops talking.

Quotation marks can be used at the **beginning**. For example:

"That dog is sweet," Mary said.

"Would you like an apple in your lunchbox?" asked mum.

Quotation marks can be used at the **end**. For example:

Jessica looked down the street, "I wonder where the postman is?"

Kirt shouted, "Look out!"

Quotation marks can be used in the **middle**. For example:

"Quotation marks can be a bit tricky", Sahara said, "but I think I nearly understand them."

"Christopher went to the beach", Nawaal muttered, "but he will be back very soon."





#### Do Away with the Dull: Adding Dialogue Activity

There are some rules you need to remember when using quotation marks.

1. Keep the quotation marks at the beginning and end of the words being spoken.

2. Start a new line whenever someone new speaks.

3. Begin the direct speech with a capital letter.

4. Include a piece of punctuation before closing the quotation marks.

#### **Activity One**

Rewrite the following sentences adding opening quotation marks when the talking starts and closing quotation marks when the talking stops.

1. I love working in the studio, said Louise.

2. My favourite colour is red, Michael said quietly.

3. Shiloh queried, May I have a look?

4. I think it's warm enough for swimming, Josh said, but I'll take an extra towel.

5. It will take about four litres of paint, Micah guessed, to paint the entire wall.





### KIP 'said' is dead

d exclaimed squealed observed asked yelled told sighed grinned squawked called laughed answered thought expressed instructed

.

complained screamed spoke hollered howled cried wailed peeped shouted

whispered rep

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#### Said is Dead

#### Using 'Said' Synonyms in Direct Speech

Use the 'said is dead' gravestone on the following page to help you improve the following sentences. The first has been done for you.

- "What a terrible day!" said Michael.
   "What a terrible day!" exclaimed Michael.
- 2. "Can we go to Disney World?" the children excitedly said.
- 3. The teacher said, "Use your best handwriting."
- 4. The instructor said, "First place your harness over your shoulder like this."
- 5. "I wonder what's on at the cinema?" Lucy said.
- 6. "GET OUT!" said a ghostly voice.
- 7. After being woken up, Jordan stretched and said, "I'm... I'm... still tired!"
- 8. "A tiger!" said the little girl in shock whilst at the zoo.

Challenge: Well done for replacing said with a said synonym in each sentence. Now write two of your own speech sentences using the 'said is dead' sheet.

1.	
2.	· · · · · · · · · · · · · · · · · · ·
3.	

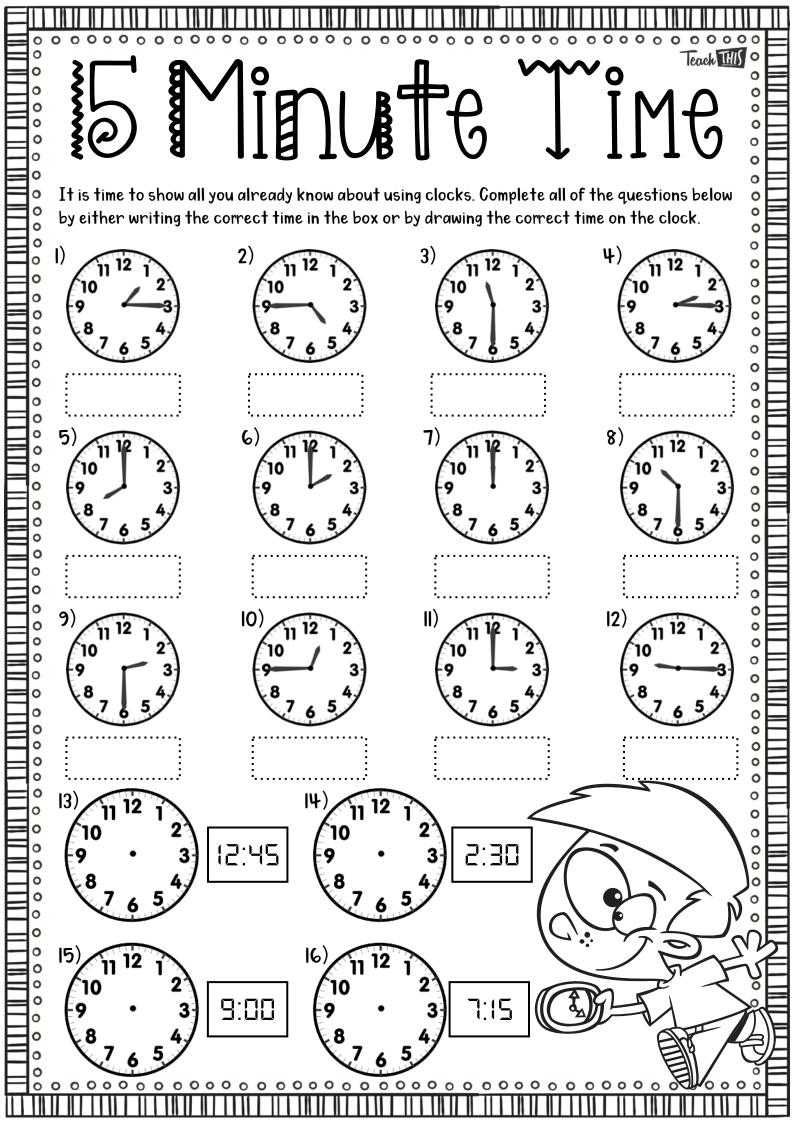


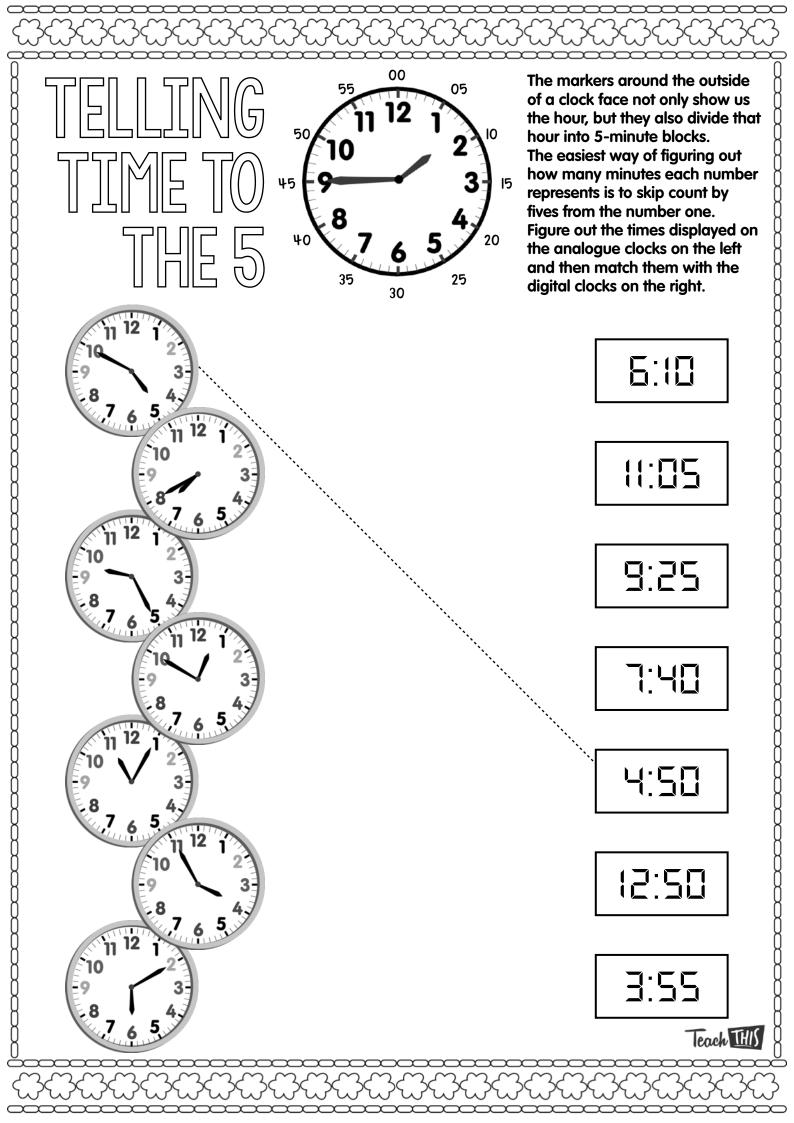
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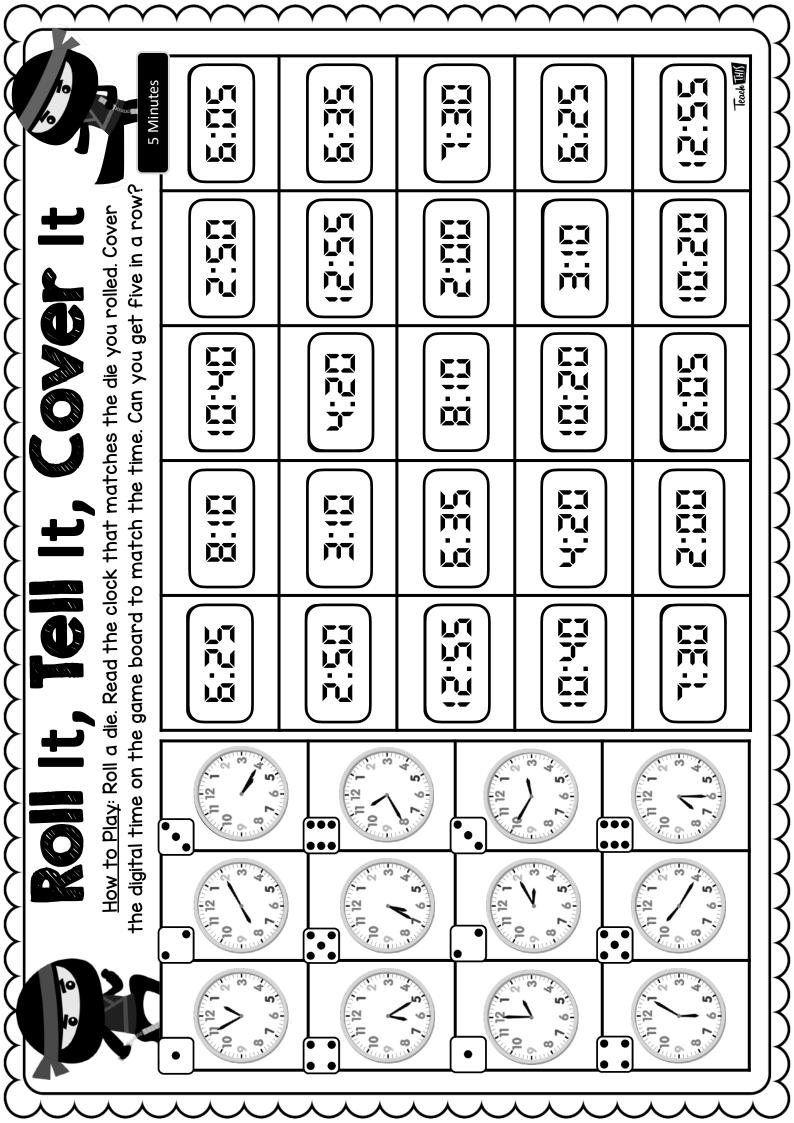


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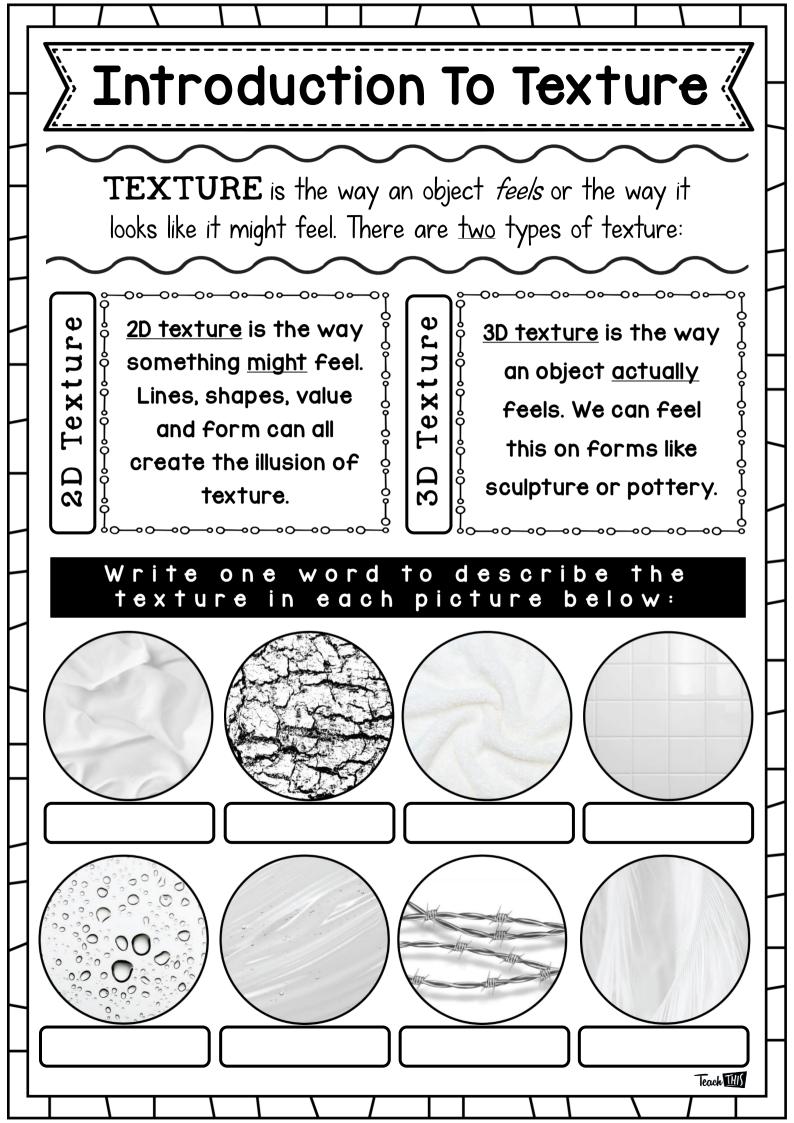
Maths - Number Talk
Show/explain how you solved it.

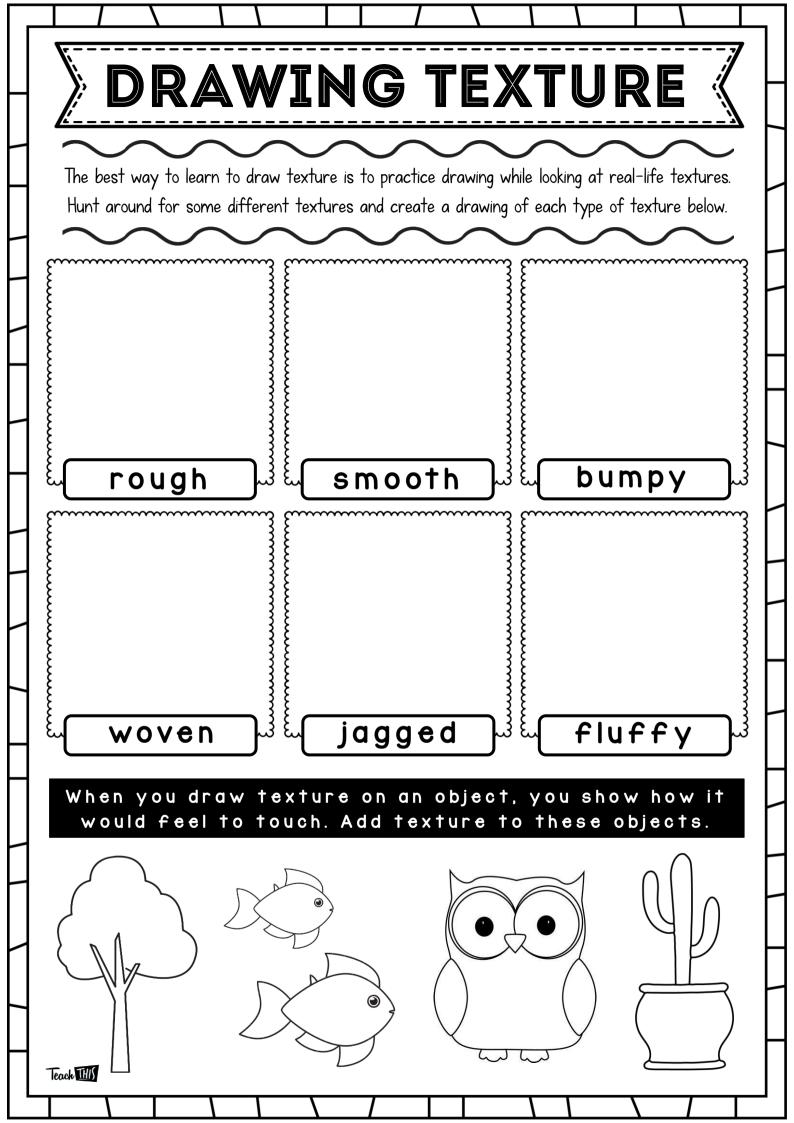














Texture is all around us! Nature is a wonderland of different textures that are both unique and interesting. Let's explore the different textures of leaves and create a beautiful masterpiece. Follow the following steps to create your own Tiger Texture using the tiger template (on the next page).



l. On a piece of paper, paint or colour a background. This does not need to be perfect, as most of the background will be covered. A piece of coloured or black paper would also work well.



 Colour the tiger head (from the next page) using pencils, markers, or paint.
 Be as creative as you like. You might like to colour the tiger in different shades.



3. Carefully cut out the tiger head and put a few dabs of glue on the back just to secure it to the centre of the green background. Leave the edges unglued.



4. Collect different leaves from the garden or playground. Place the leaves under a piece of paper and hold in place. Use crayons or pastels to create leaf rubbings. The leaf texture should show through on the paper.



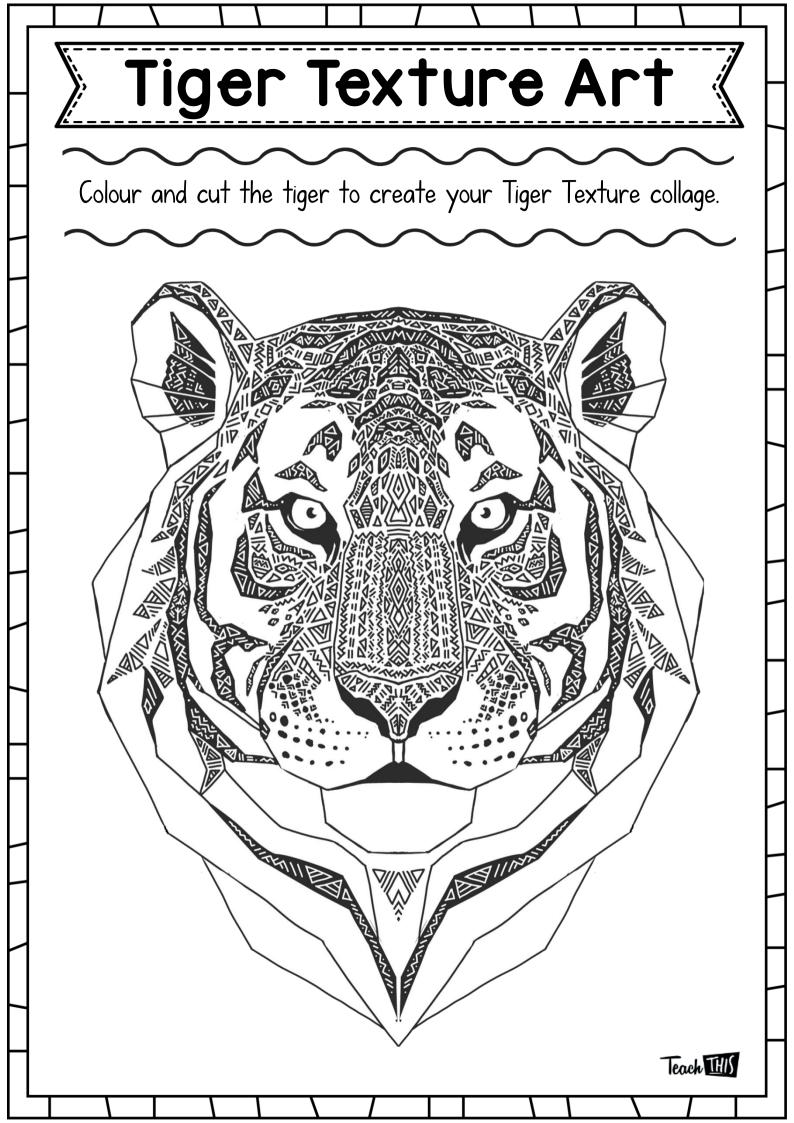
5. Cut around the leaf rubbings. You will need around 25 leaf textures but you can adjust this to suit your design. Begin to arrange the leaves around the tiger as if he is peering out from the jungle. Place some leaves under the tiger and overlap the others to create depth.



6. Once you have arranged your leaves, glue them around the tiger. You will also need to add more glue around the edge of the tiger. Leave some of the leaf edges unglued to create movement and texture. Trim off the excess leaves around the edge of the paper.

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#### Stage 3 Term 3 Week 7 - Tuesday

	Morning	Notes for Teacher	Completed 🗸
10min	Quiet Reading – read a book, newspaper, magazine		
20mins	Spelling		
	• Complete one activity for maximum of 10 words		
	from spelling activity page		
	<ul> <li>Spelling sheet</li> </ul>		
30mins	Reading and Comprehension		
	<ul> <li>Read your novel and complete activities</li> </ul>		
	<ul> <li>Complete Comprehension pages</li> </ul>		
30mins	Literacy activities- your choice - circle the one		
	completed		
	Reading Eggs		
	Get Epic		
	<ul> <li>Ed Alive - Typing</li> </ul>		
	• Reading		
	<ul> <li>English and Numeracy Booklet</li> </ul>		

	Middle	Notes for Teacher	Completed
30mins	<ul><li>Writing - Skill focus: direct speech in writing</li><li>Revise posters from Monday</li></ul>		
	<ul> <li>Complete sheets Dialogue writing and Be the teacher</li> </ul>		
10mins	Brain Break activity		
40mins	Mathematics		
	<ul> <li>Number Talk</li> </ul>		
	Time activities		
30mins	Numeracy activities - your choice- circle the one		
	complete		
	<ul> <li>Prodigy</li> </ul>		
	<ul> <li>Study ladder</li> </ul>		
	Ed Alive		
	<ul> <li>English and Numeracy Booklet</li> </ul>		
15mins	PE/Fitness - write in notes what you did.		
	<ul> <li>Go noodle, just dance, throw a ball, ride your</li> </ul>		
	bike, play a game with siblings, yoga, running		

	Afternoon	Notes for Teacher	Completed √
15mins	<ul> <li>Mindfulness Activity- circle the one chosen</li> <li>Colouring</li> </ul>		
	<ul> <li>Brain Breaks - Charades or scavenger hunt</li> </ul>		
	<ul> <li>Listen to some music</li> </ul>		
40mins	UOI – start lesson (Lesson 1 Global Connections)		
	<ul> <li>Use inquisitive from google classroom link to</li> </ul>		
	help complete work.		
10mins	Finish and check work from today		

#### **Dialogue Writing**

Read the sentences carefully. Then convert each telling sentence into dialogue.

**Example:** I asked my mum if we could go to the shop.

"Mum, can we go to the shop?" I asked \_\_\_\_\_\_

- 1. My mum wanted to know why I needed to go to the shop.
- 2. I told her that I needed to buy some flowers.
- 3. My mum said we could go, but she wondered whom the flowers were for.
- 4. I excitedly explained that they were for my teacher because her birthday is tomorrow.
- 5. My mum told me that this was a very nice idea.
- 6. I told her we should go now because I wanted to have time to pick out the best flowers.
- 7. My mum laughed and said she would race me to the car.



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#### Be the Teacher

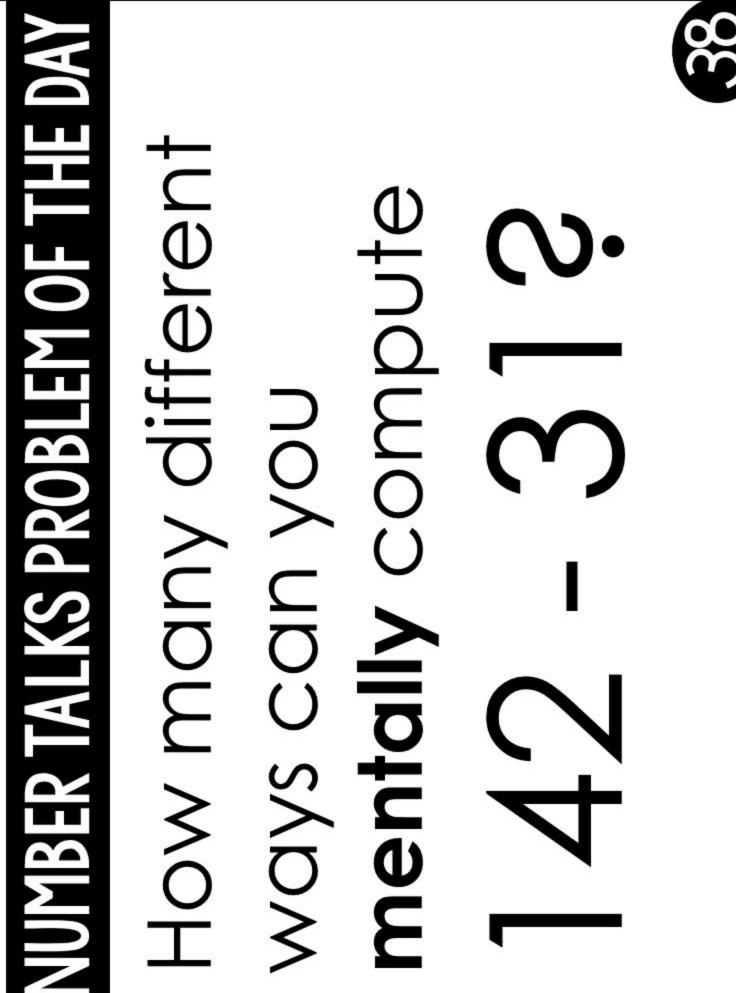
#### Using Inverted Commas for Direct Speech

Mr Clark is marking the children's work in his class. They have been written using direct speech. Help Mr Clark by circling the mistake(s) in each example below and then write it out correctly.

- 1. "We're very proud of him", said Jake"s parents.
- 2. "I'm looking for a dragon," said Pete. "Have you seen him"
- 3. "the only tired I was, was tired of giving in," said Rosa.
- 4. "What is it?" asked Hansel. "A house made of sweets," Gretel replied.
- 5. The dentist said "Open wide!"
- 6. "Mum," cried Cynthia "Is my dinner ready yet?"
- 7. "that's a horrible song choice, said Simon. Do you have anything else?"
- 8. I'll take the blue one," said the lady. "Here you go," replied the man.
- 9. We'll investigate "what happened said the policman whilst making" notes.
- 10. First, "put on your safety helmet" said the instructor. Then "tie your harness around your waist.

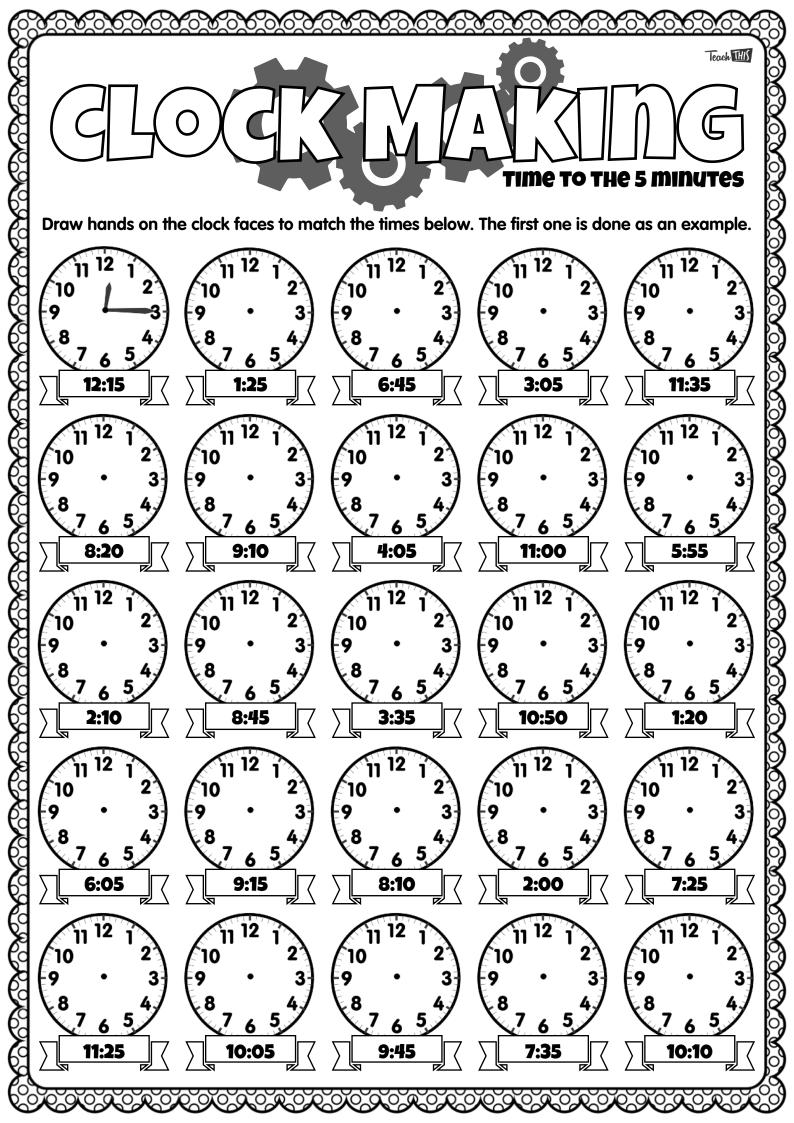


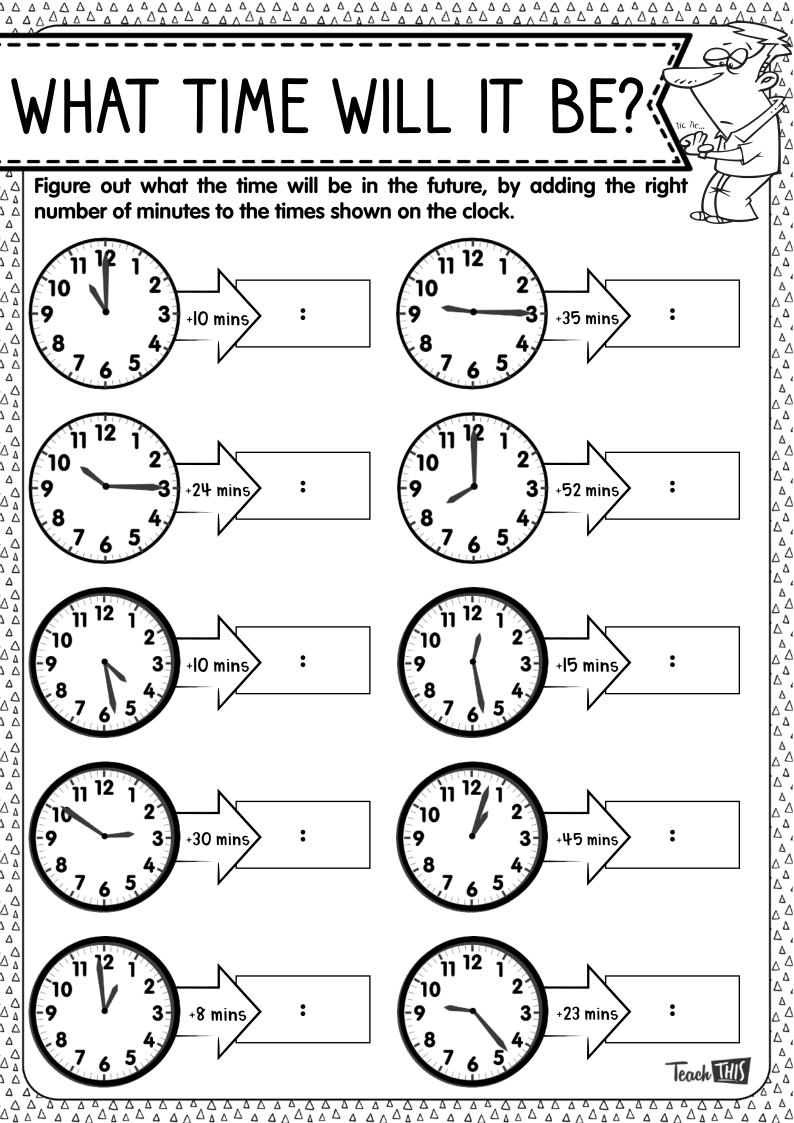


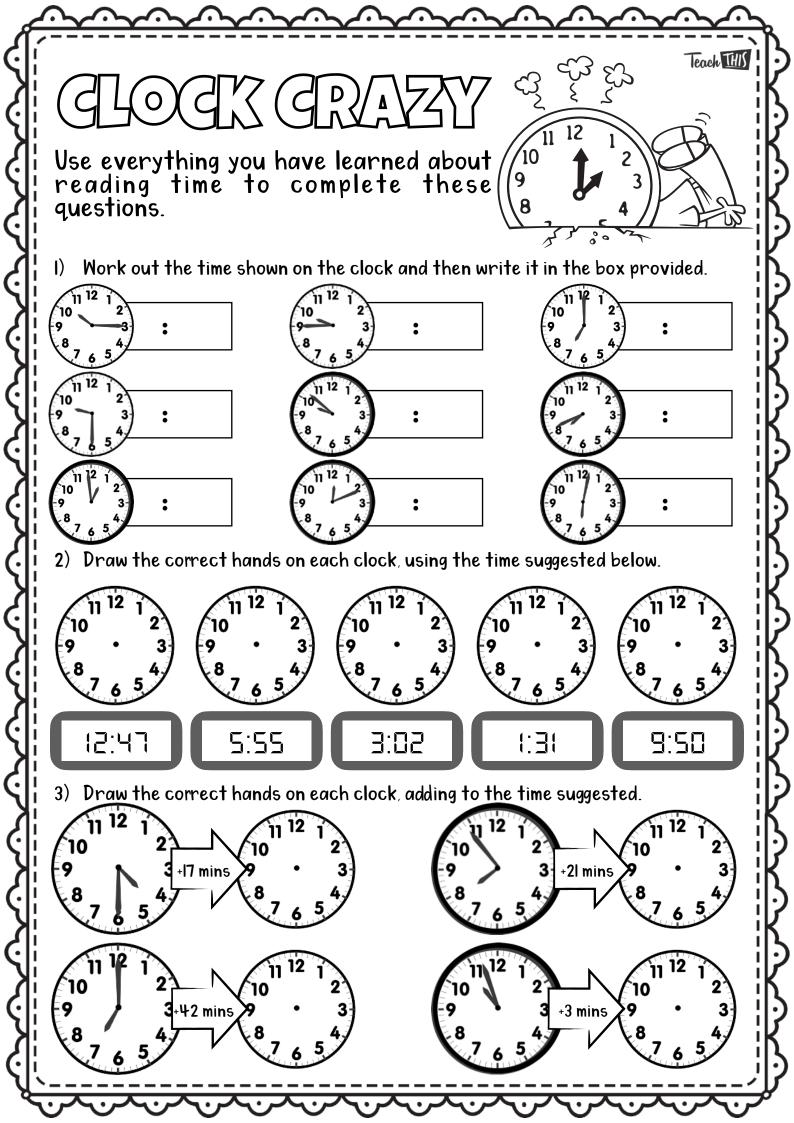


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 Maths - Number Talk
Show/explain how you solved it.







#### What special connections does Australia have with other countries?



#### What special connections does Australia have with other countries?



3

Watch the video about Antarctica.

Make a collage of words in the iceberg shape below to represent what you saw in the video.

Looking at the NASA image of the Earth's city lights, what do you notice about the continent of Antarctica and what do you think this means?

4 Which seven countries have territorial claims to Antarctica?

5 Find a map of Antarctica, including the territories "owned" by the seven countries and draw your own freehand version, with the territories included. Include the North Point, map title, oceans, seas, islands, and any other geographical mapping conventions.

6

Read the articles about how Australia and other countries are co-operating in the management of Antarctica. List some key points and then summarise each one by composing a tweet (280 characters or less).



These are acronyms for some groups that Australia belongs to:

G20 WTO ASEAN APEC IORA ASEM OECD FEALAC

Find out what three of these organisations are and record what they do as a group.

2:	-
3:	-

8 Give an example of one of these organisations in action, describing a project the countries are working on together.

9

10

One of the ways that Australia connects with other countries is by trading. Australia has some of the richest minerals in the world, along with world class commodities such as wool, wheat and meat. Trading with other countries means we can sell (export) our produce, creating more jobs in mining, farming, manufacturing and transport. By setting up good connections with trading partners around the world, it also means we can buy (import) things we can't produce easily in Australia.

List five items in your classroom or school and write if they were imported or made in Australia.

Go to the interactive trade map. Find Australia's top 10 trading partners and label them and Australia on the world map below.



11 Conduct your own research to find one of the things we import from each of our top 10 trading partners and label this on the map, next to the corresponding country. List some of the things we export to these trading partners next to Australia on the map.

12 Watch the advertisement for working in Antarctica. Which jobs that would be crucial to a successful working environment in Antarctica are not included in this ad? What is wrong with this picture? 2320238

### Stage 3 Term 3 Week 7 - Wednesday

	Morning	Notes for Teacher	Completed $\checkmark$
10min	Quiet Reading – read a book, newspaper, magazine		
20mins	Spelling		
	• Complete one activity for maximum of 10 words		
	from spelling activity page		
	<ul> <li>Complete spelling sheet</li> </ul>		
30mins	Reading and Comprehension		
	<ul> <li>Read your novel and complete activities</li> </ul>		
	<ul> <li>Complete comprehension pages</li> </ul>		
30mins	Literacy activities- your choice - circle the one		
	completed		
	Reading Eggs		
	Get Epic		
	Ed Alive - Typing		
	• Reading		
	<ul> <li>English and Numeracy Booklet</li> </ul>		

	Middle	Notes for Teacher	Completed
30mins	Writing - Skill focus: direct speech in writing		
	<ul> <li>Revise posters from Monday</li> </ul>		
	<ul> <li>Complete sheets Missing Punctuation and</li> </ul>		
	Direct Speech Punctuation		
10mins	Brain Break activity		
40mins	Mathematics		
	<ul> <li>Number Talk</li> </ul>		
	Time activities		
30mins	Numeracy activities - your choice- circle the one		
	complete		
	• Prodigy		
	<ul> <li>Study ladder</li> </ul>		
	Ed Alive		
	<ul> <li>English and Numeracy Booklet</li> </ul>		
15mins	PE/Fitness - write in notes what you did.		
	• Go noodle, just dance, throw a ball, ride your		
	bike, play a game with siblings, yoga, running		
	Afternoon	Notes for Teacher	Completed

	Afternoon	Notes for Teacher	Completed
15mins	Mindfulness Activity- circle the one chosen <ul> <li>Colouring</li> <li>Brain Breaks - Charades or scavenger hunt</li> <li>Listen to some music</li> </ul>		
40mins	<ul> <li>UOI - Continue lesson (Lesson 1 Global Connections)</li> <li>Use inquisitive from google classroom link to help complete work.</li> </ul>		
10mins	Finish and check work from today		

## **Missing Punctuation**



I can punctuate direct speech.

Someone has encrypted *Raider's Peril* and destroyed some of the punctuation in the communication system. Read the extract below and input the missing punctuation.

#### Use these punctuation marks:

?	!	9	44 PP	•
Question mark	Exclamation mark	Comma	Inverted commas	Full stop

Don't forget to start a new line for each new speaker! You will need to rewrite the extract.

Who gets that bow then asked Croctordoctor pointing at the pearl bow with the tip of his arrow oh Perian said can I have it Perian loved shiny weapons sure said Katka Perian gets it said Croctordoctor his voice rising suddenly to an unlikely squeak she has a good bow already what about me



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# **Direct Speech Punctuation**

I can punctuate direct speech.

Someone has removed the punctuation and capital letters from the extract below. Can you improve it by putting them back?

#### Use these punctuation marks:

?	!	,	u n	
question mark	exclamation mark	comma	inverted commas	full stop

Don't forget to start a new line for each new speaker! You will need to rewrite the extract.

sam steered his mother towards a huddle of families heading to the safety of the stairs when she was locked between two waddling grandmothers he whispered i'll meet you by the cigarette machine what no his mother twisted and threw a hand out towards him but sam moved too quickly her straining fingertips lightly grazed his shoulder as he dodged back towards the street samm-eeeee it'll only take a minute he assured her watching the crowd carry his mother towards the underground sanctuary then he added under his breath dad would want me to check





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Direct Speech Punctuation



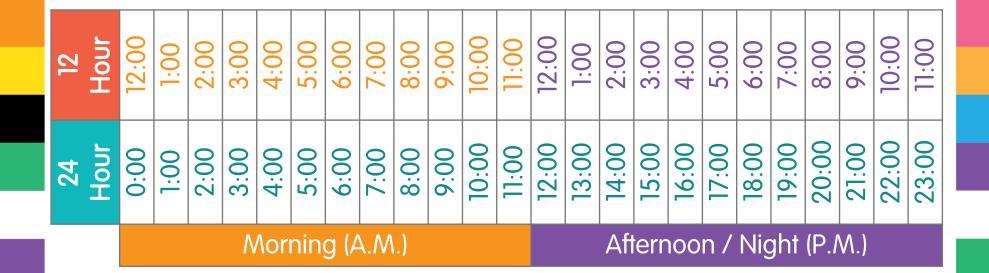
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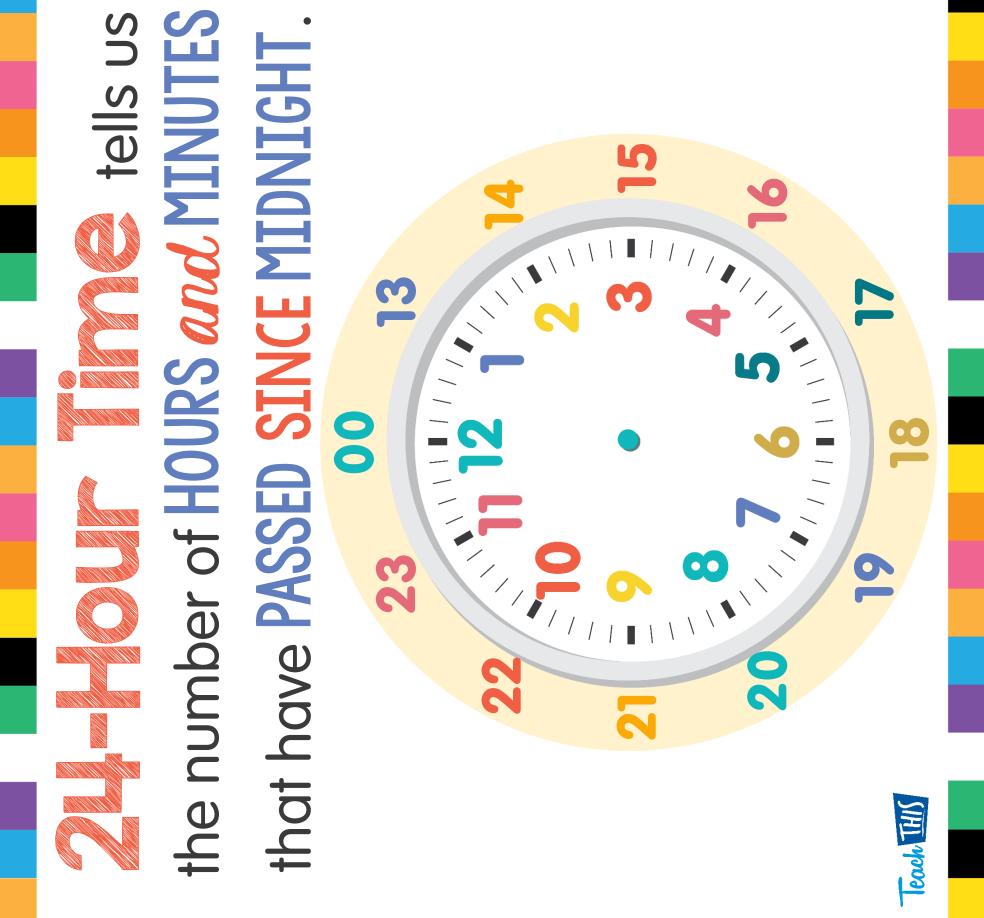
Page 2 of 2





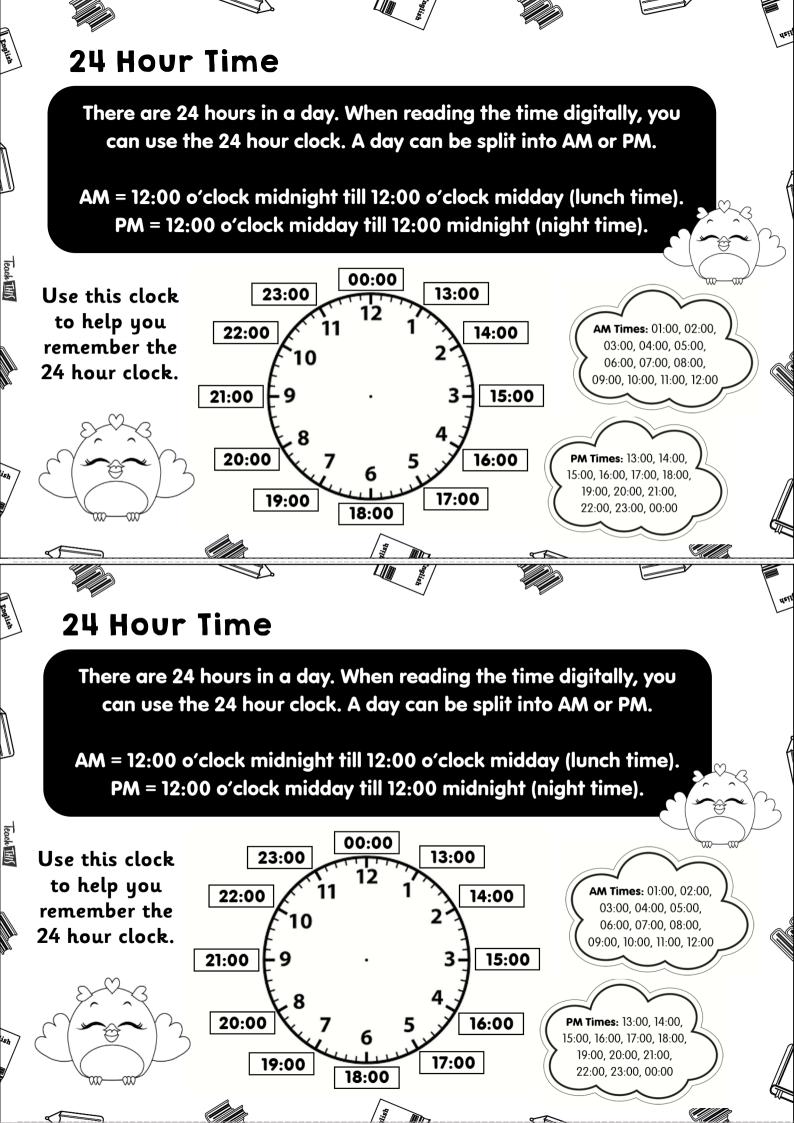
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Show/explain how you solved it.

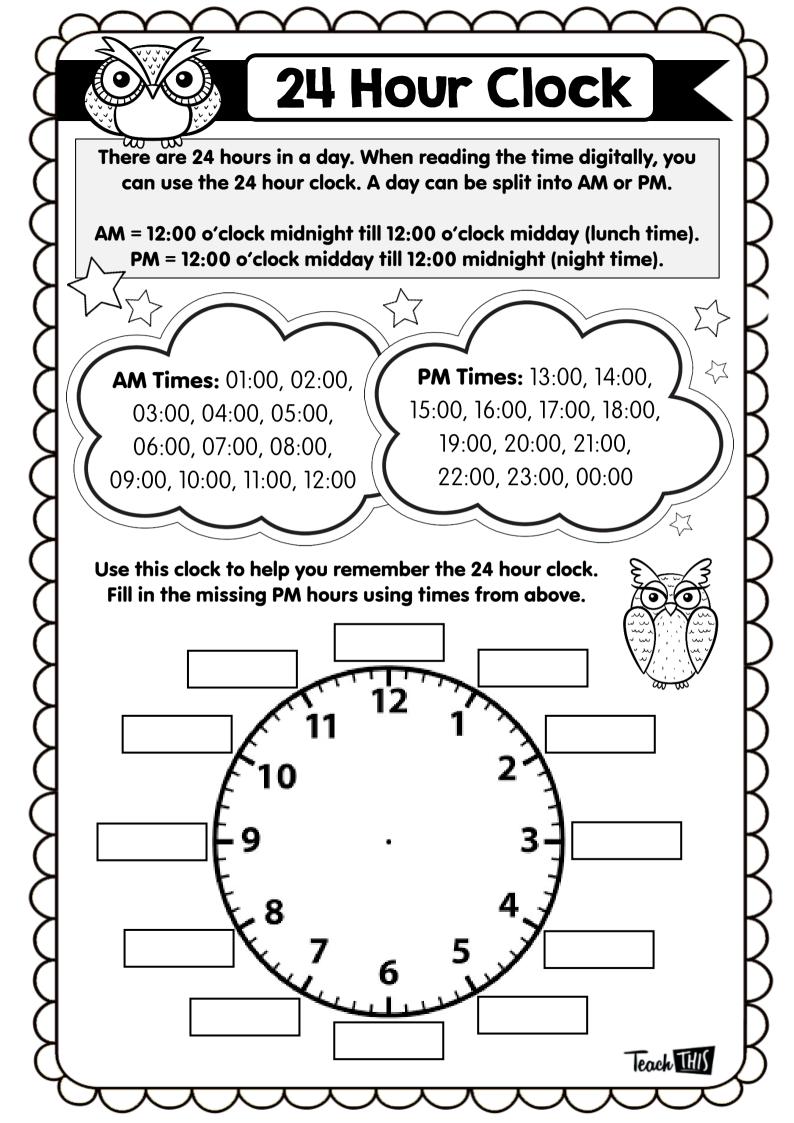


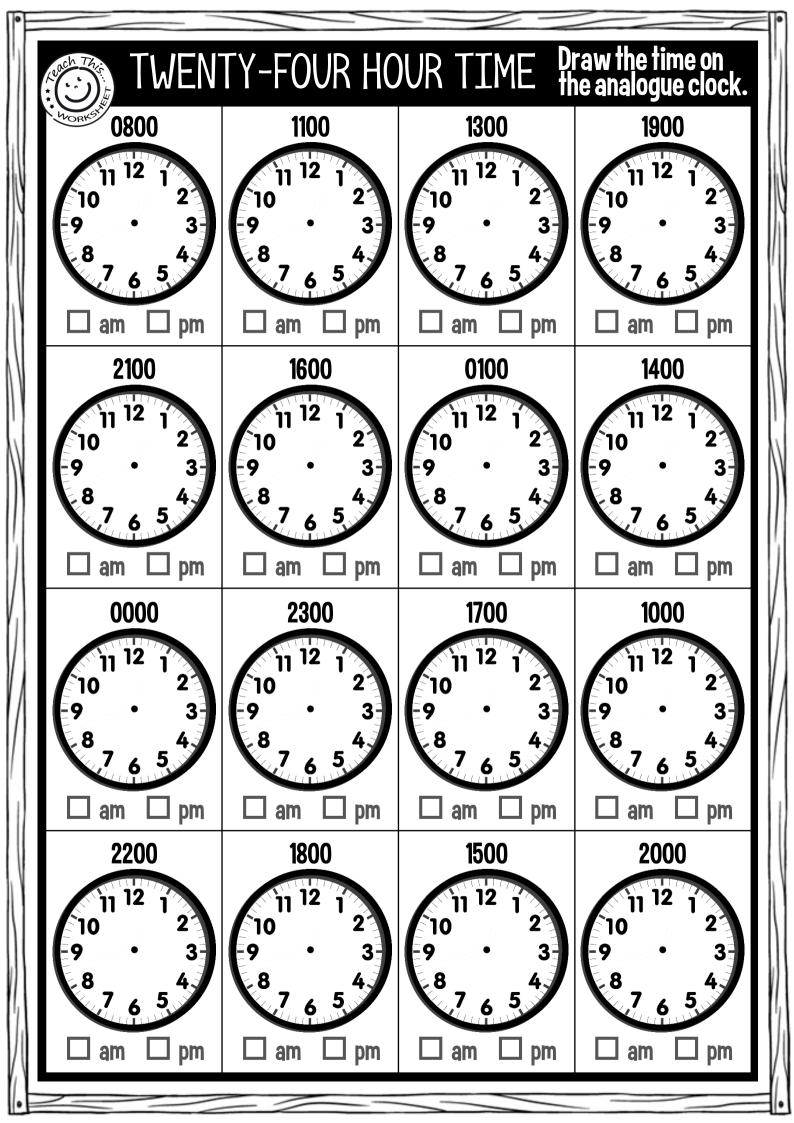


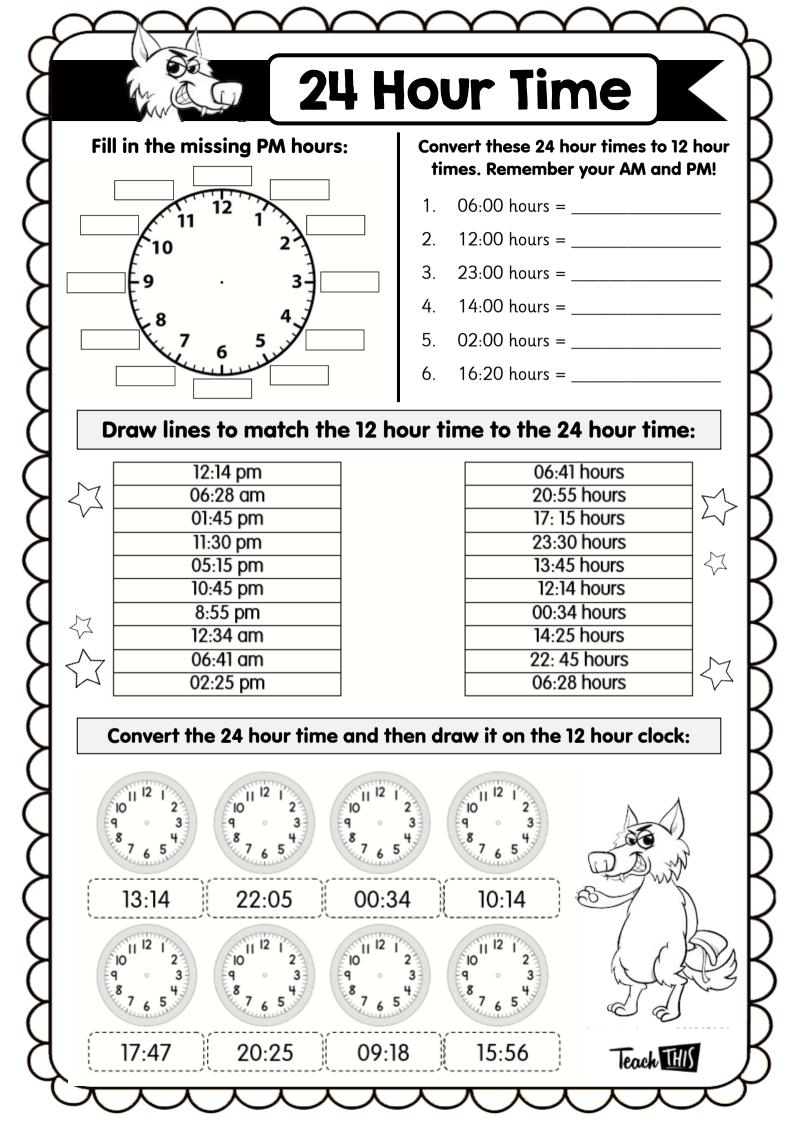
• Meridiem, which is Latin 3 5 A.M. is short for Ante P.M. is short for Post for 'before midday'. **2** Meridiem, Latin for 5 'after midday', leader HIS 5 0 23 20 ろろ 2

5









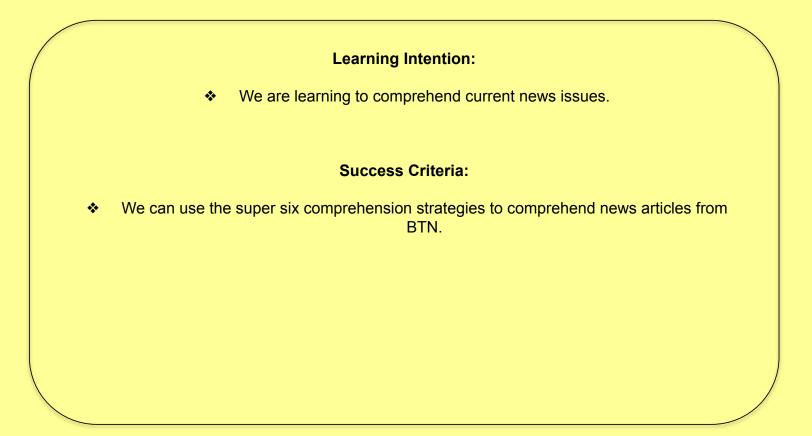
### Stage 3 Term 3 Week 7 - Thursday

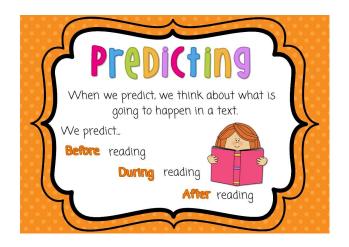
	Morning	Notes for Teacher	Completed $\checkmark$
10min	Quiet Reading – read a book, newspaper, magazine		
20mins	Spelling		
	• Complete one activity for maximum of 10 words		
	from spelling activity page		
	<ul> <li>Complete Spelling Sheet</li> </ul>		
30mins	Reading and Comprehension		
	<ul> <li>Reading Eggs or</li> </ul>		
	• Get Epic		
30mins	BTN - watch on your device		
	<ul> <li>Search for BTN - classroom episode</li> </ul>		
	<ul> <li>Complete BTN worksheet or complete on your</li> </ul>		
	google slide for week 7		

	Middle	Notes for Teacher	Completed
30mins	<ul> <li>Writing - Skill focus: direct speech in writing</li> <li>Revise posters from Monday</li> <li>Complete sheets Don't forget the quotation</li> </ul>		
10mins	marks and Comic Strip Speech Brain Break activity		
40mins	Mathematics • Number Talk		
30mins	• Time activities Numeracy activities – your choice- circle the one complete		
	<ul><li>Prodigy</li><li>Study ladder</li><li>Ed Alive</li></ul>		
15mins	<ul> <li>English and Numeracy Booklet</li> <li>PE/Fitness - write in notes what you did.</li> </ul>		
	<ul> <li>Go noodle, just dance, throw a ball, ride your bike, play a game with siblings, yoga, running</li> </ul>		

	Afternoon	Notes for Teacher	Completed $\checkmark$
15mins	<ul> <li>Mindfulness Activity- circle the one chosen</li> <li>Colouring</li> <li>Brain Breaks - Charades or scavenger hunt</li> <li>Listen to some music</li> </ul>		
40mins	<ul> <li>UOI - Finish lesson (Lesson 1 Global Connections)</li> <li>Use inquisitive from google classroom link to help complete work.</li> </ul>		
10mins	Finish and check work from today		





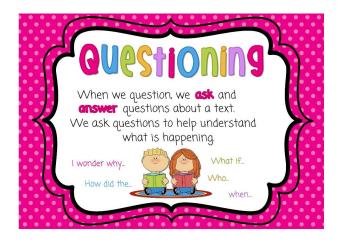












[date]	Wednesday - Watch the latest BTN episode. Complete the Super Six Comprehension Strategies on the following slides.			
	the latest BTN episode. (	What I think one of the stories will be about	What I heard Reminded me of Text to:	I already knew Something I learnt
	Wednesday - Watch	Predicting	Making Connections text-self-world	Monitoring

Wednesday - Watch	Wednesday - Watch the latest BTN episode. Complete the Super Six Comprehension Strategies on the following slides.
Visualising	An image that helps me understand this more
Summarising	Write a summary of the main points from one article. (3-4 sentences)
Questioning	I still have a question about

[date]

# Don't Forget the Quotation Marks!

Read each paragraph. Add the missing quotation marks. Rewrite each paragraph correctly on the next page.

- Can you hear that noise, James? Molly whispered. She peered around the corner and spied a big, orange, and white stripy cat. James! Molly exclaimed, I've never seen that cat before! Do you know where it came from? James' eyes widened as he looked at the cat. No, I don't, he said, but I sure wish we could keep it!
- 2. It was a sunny, hot morning on the beach. Katie gazed at the greenish-blue water and smiled. I sure can't wait to get in, she murmured. Katie! Katie heard her mother calling from the top of the beach, where the Marram grass was. You've forgotten your sunscreen! Katie reluctantly turned around and wandered back up to her mother. I'll be back soon, she smiled wistfully, glancing back at the water over her shoulder.
- 3. Jonah was excited. It was his sixth birthday and he'd been waiting a whole year, since his fifth birthday, to visit the Natural History Museum. I wonder if it will have dinosaur bones, he said to himself as he watched buildings speed by the car window. Dad, he asked, will they have dinosaur bones at the museum? Dad looked thoughtful. Hmm, he wondered. I expect they will Jonah, he replied, it is a natural history museum after all.
- 4. Aidan was feeling sick. His throat hurt, his nose was blocked and running and he felt hot. I bet I'm getting a cold. Soccer season starts tomorrow and I'm going to miss the first game, Aidan groaned sadly. He slumped further down in his chair and pushed the buttons on the game controller dejectedly. Oh well, he muttered, hopefully, I'll make the game next week.
- 5. The shops were bustling as Carol and her mother arrived on Saturday morning. Wow! exclaimed Carol's mum, looks like everyone is at the shops today, hey Carol? Carol grinned. Everyone including us, mum, she replied. I love it when the shopping centre is busy.

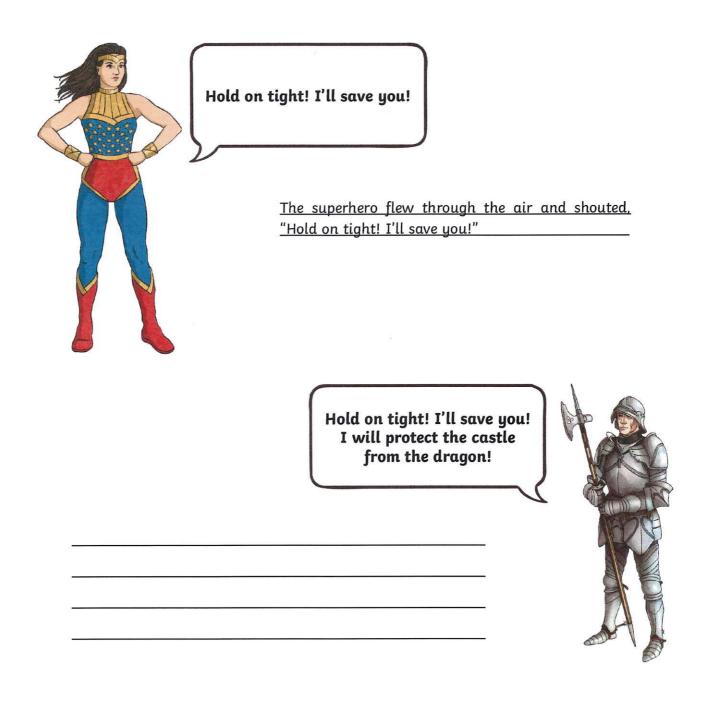




# **Comic Strip Speech**

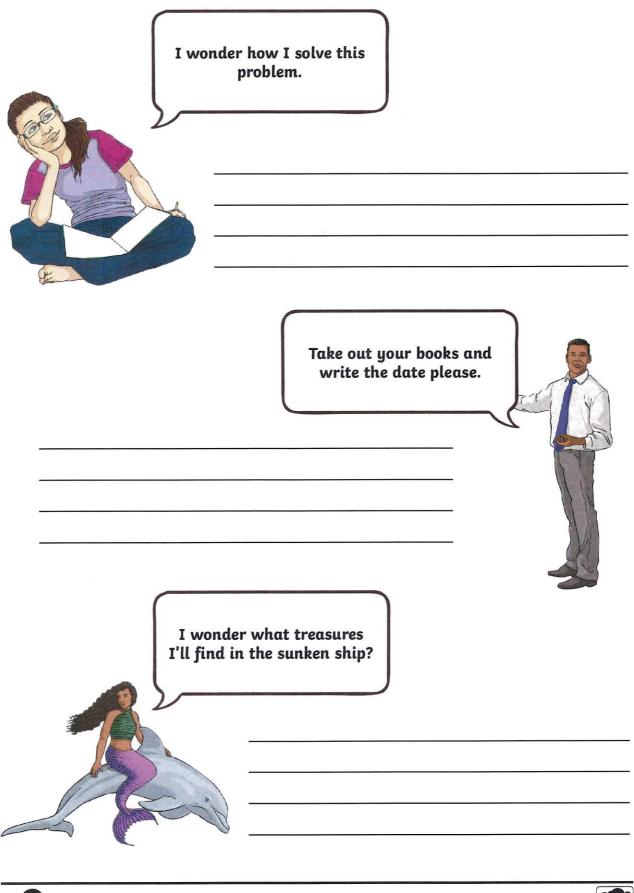
#### Using Inverted Commas to Show Direct Speech

Look at the comic strip speech bubbles below. Change each speech bubble into a speech sentence with inverted commas. The first has been done for you.



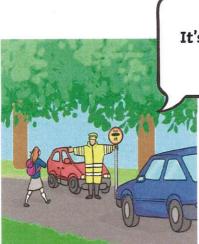
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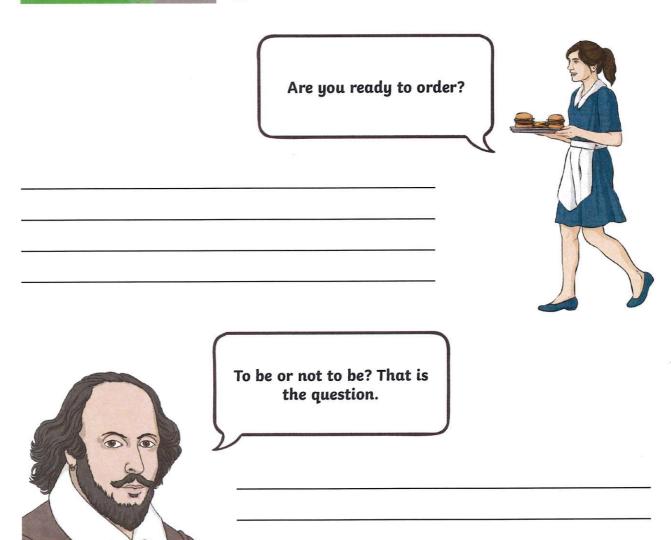
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It's safe to cross the road now.

\_\_\_\_



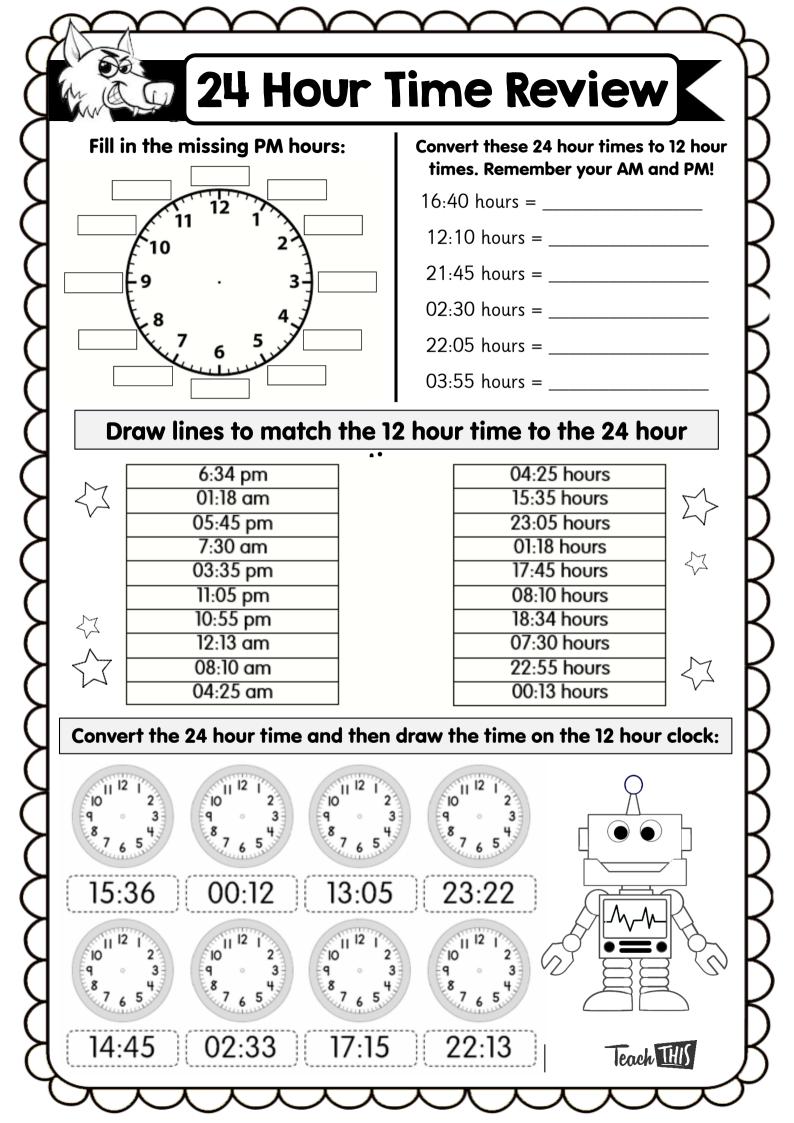
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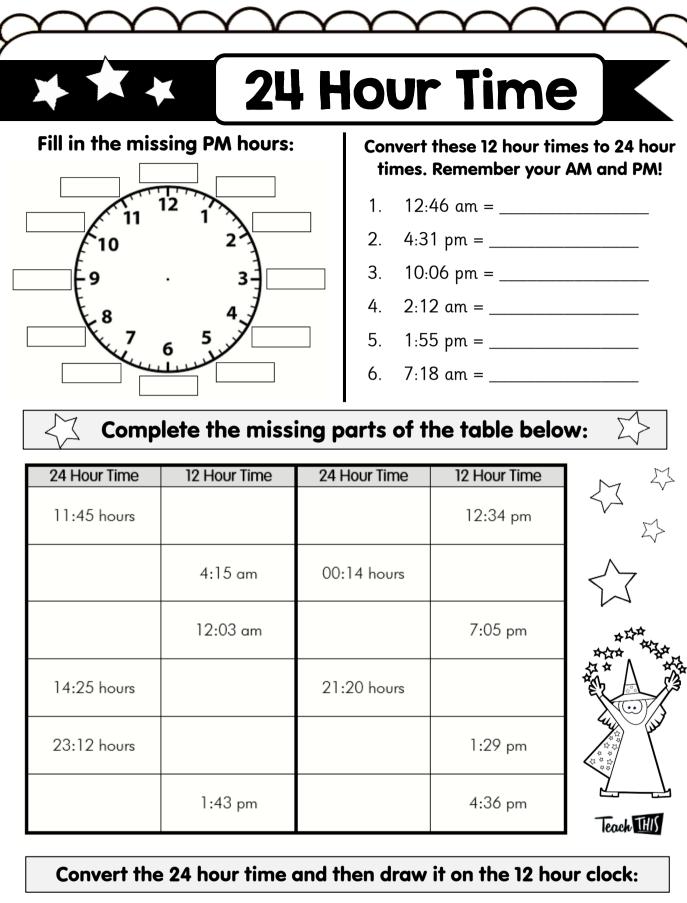
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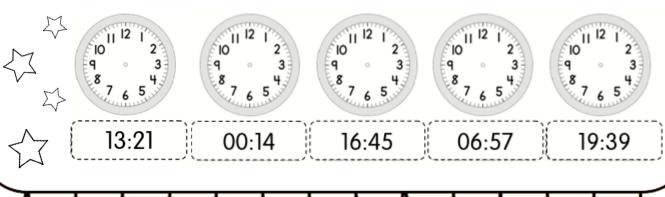


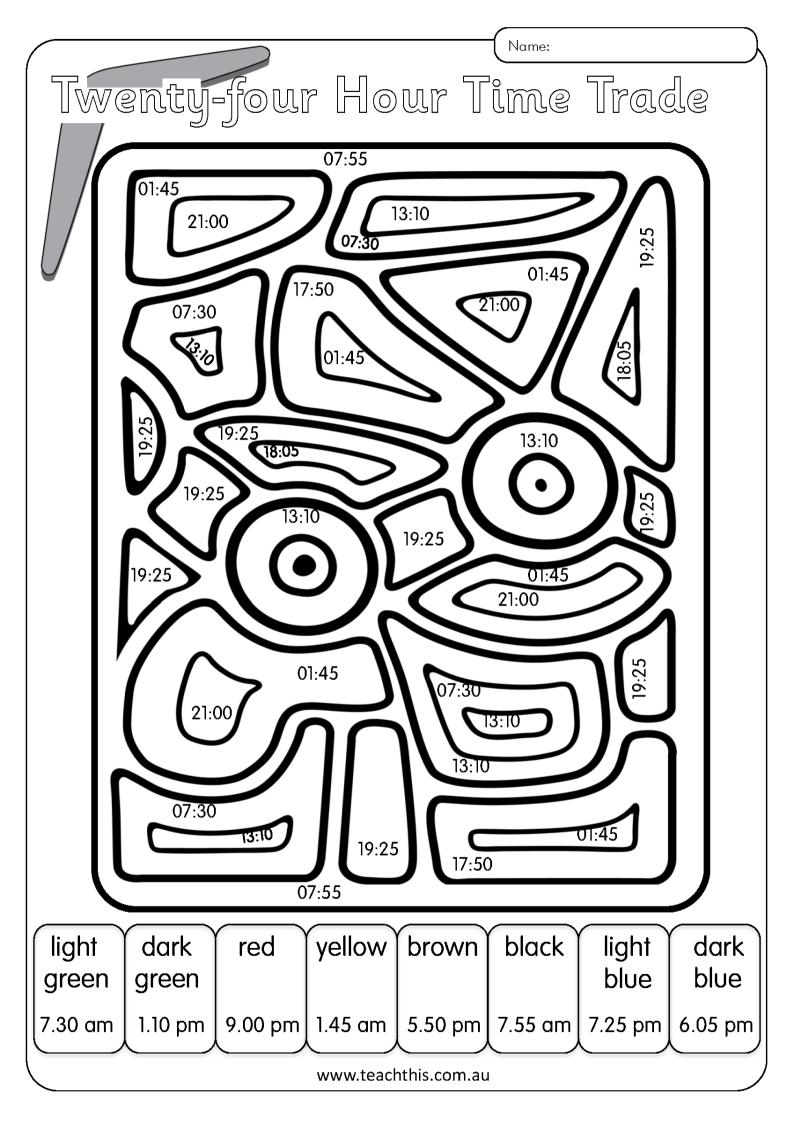
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 Maths - Number Talk
Show/explain how you solved it.









### Stage 3 Term 3 Week 7 - Friday

	Morning	Notes for Teacher	Completed
10min	Quiet Reading – read a book, newspaper, magazine		
20mins	Spelling		
	<ul> <li>Finish spelling worksheet</li> </ul>		
	<ul> <li>Spelling Test - ask someone to help you with</li> </ul>		
	your spelling test. Complete on page		
30mins	Reading and Comprehension		
	<ul> <li>Reading Eggs or</li> </ul>		
	• Get Epic		
30mins	Writing - Skill focus: direct speech in writing		
	<ul> <li>Revise posters from Monday</li> </ul>		
	<ul> <li>Complete sheets Using Speech Punctuation</li> </ul>		
	Middle	Notes for Teacher	Completed
40mins	Mathematics		
	Number Talk		
	Time activities		
10mina	Proin Prock activity		

10mins	Brain Break activity
20mins	PD (Personal Development)
	<ul> <li>Nutritional Information - Reading food labels.</li> </ul>
	Complete the worksheets on reading food
	labels.
30mins	Numeracy activities – your choice- circle the one
	complete
	Prodigy
	Study ladder
	Ed Alive
	English and Numeracy Booklet
15mins	PE/Fitness - write in notes what you did.
	<ul> <li>Go noodle, just dance, throw a ball, ride your</li> </ul>
	bike, play a game with siblings, yoga, running

	Afternoon	Notes for Teacher	Completed
15mins	Mindfulness Activity- circle the one chosen		
	<ul> <li>Colouring</li> </ul>		
	<ul> <li>Brain Breaks - Charades or scavenger hunt</li> </ul>		
	Listen to some music		
40mins	Free Time!!		
10mins	Finish and check work from today		
	Place all work that needs to be returned into Week 6		
	Folder ready to return to school		
	Keep your novel and novel study work booklet		
	Keep your early finisher booklet		
	Keep your passwords page		

## **Using Speech Punctuation**

#### **Practise in Independent Writing**

Look at this scene below.

- What do you think is happening?
- What might the children be saying to each other?

Write a short description about each of the scenes below. You must include direct speech in each description and include the correct punctuation such as inverted commas. The first one has been done for you.



During first lesson, Rory and Isobel worked together on their history research project.

<u>"We're never going to get this finished in the next ten</u> <u>minutes," muttered Rory quietly so that Miss Roper</u> <u>wouldn't hear.</u>

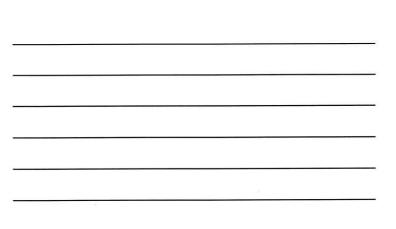






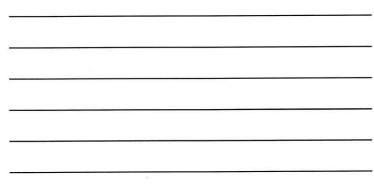












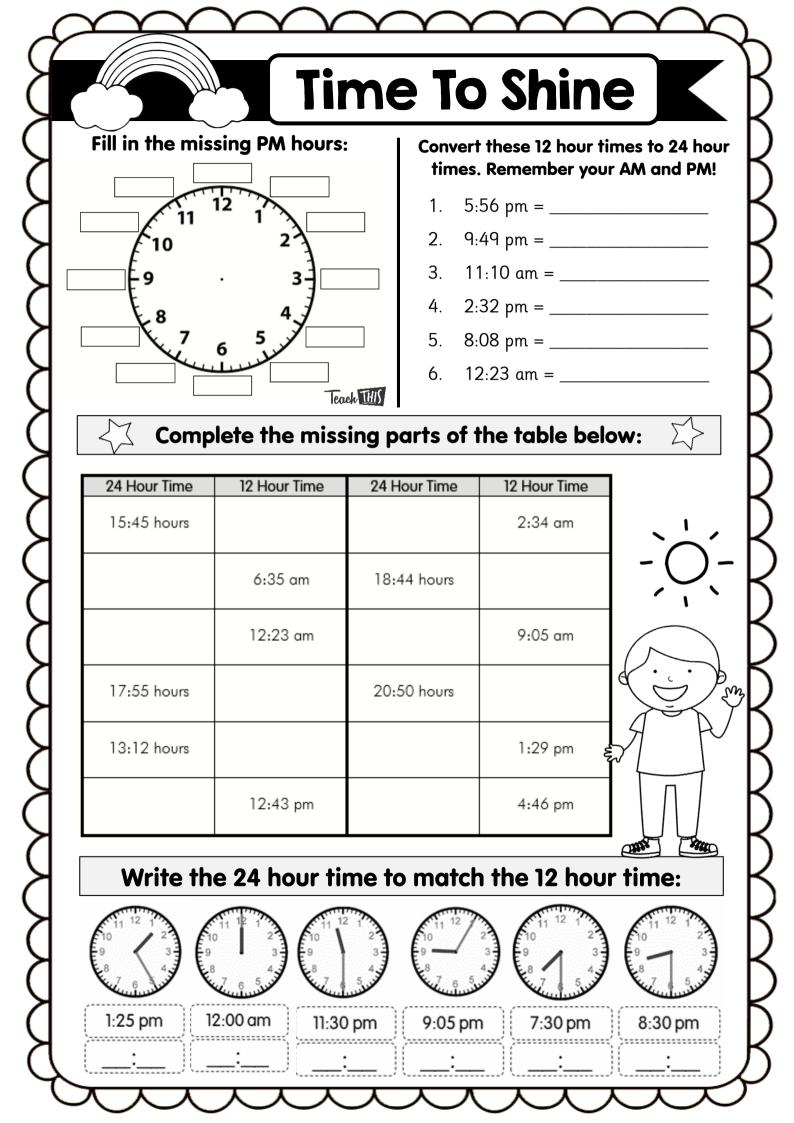


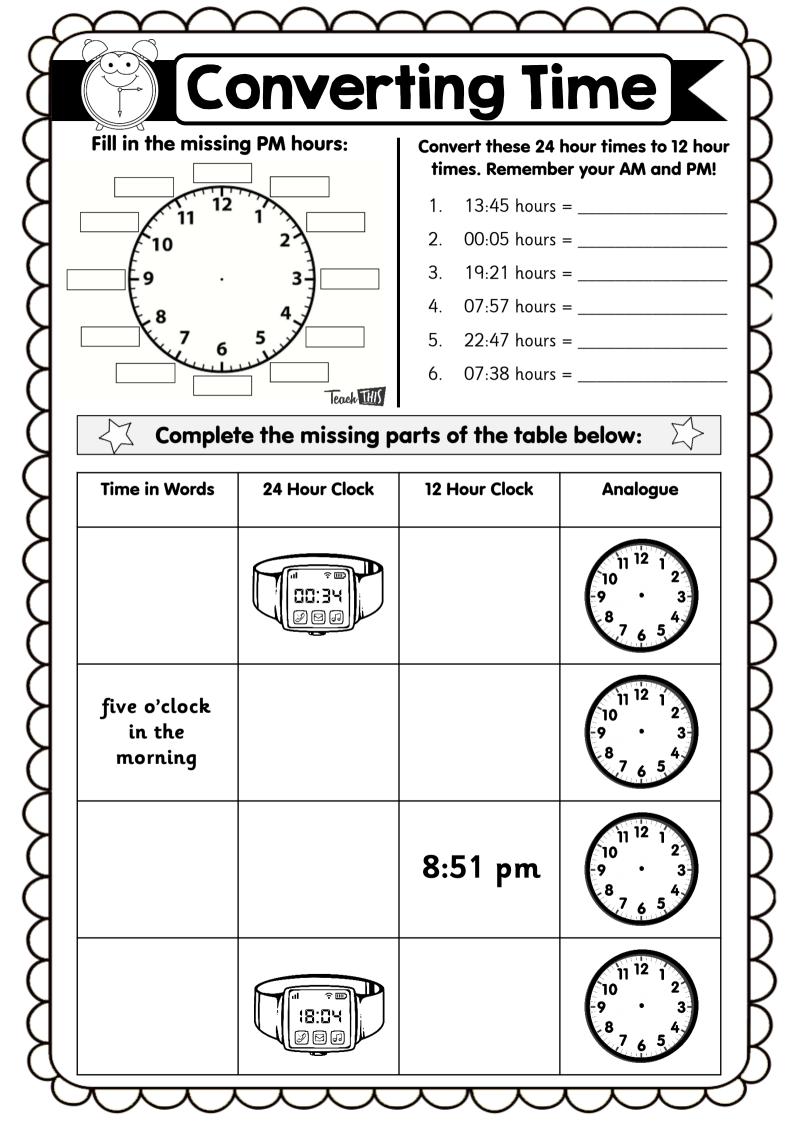






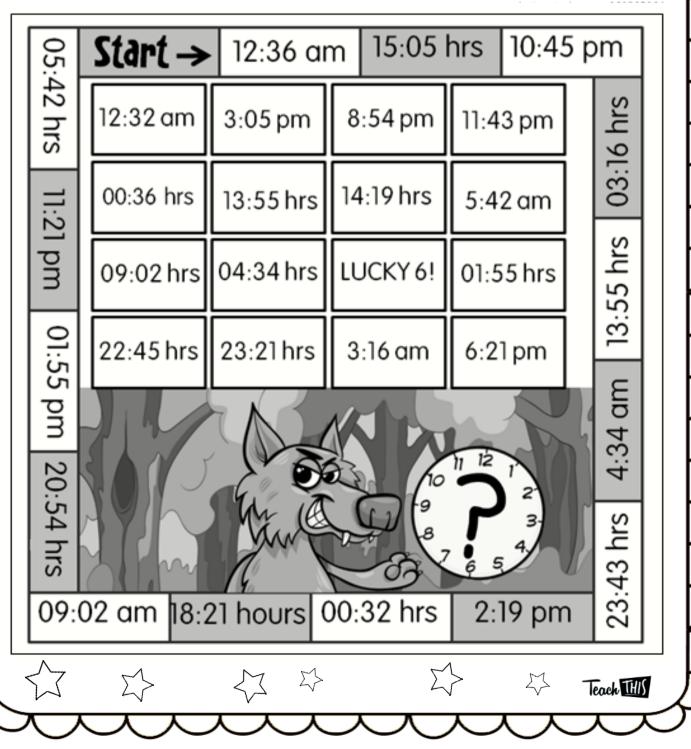
 Maths - Number Talk
Show/explain how you solved it.







- 1. Roll the die and count forward that number of spaces. Read the time on that square.
- 2. Find the matching time on the centre grid and place a marker on the matching time.
- 3. The first person to roll the number '6' gets to cover the Lucky 6! Square.
- 4. If there are no empty matching spaces, miss a turn.
- 5. The player with the most squares covered at the end is the winner.



### **Food and Nutrition Labels**

All packaged food is required to display a nutrition information label. These labels are regulated by Food Standards Australia New Zealand through the Food Standards Code. These labels show the average amount of vitamins and nutrients in a food product. They tell the consumer exactly what is in the product they are eating or drinking and help people to make healthy food choices.

#### Opposite is an example of a nutrition label.

What does g stand for?\_\_\_\_\_

What does mg stand for?\_\_\_\_\_

What does kJ stand for? \_\_\_\_\_

Work out the total weight of the product

What fruit is there most of in this product?

Looking at the ingredients of this product, what you think this product might be?

	Quantity per serving	Quantity per 100g
Energy	600kj	450kj
Protein	4.2g	3g
Fat, total	7.4g	5g
- saturated	4.5g	3.Og
Carbohydrate, total	18.6g	12.4g
-Sugars	18.6g	12.4g
Sodium	90mg	60mg

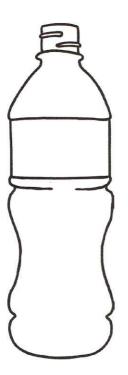
Draw the product below. Think about what the packaging might look like and what it will include.



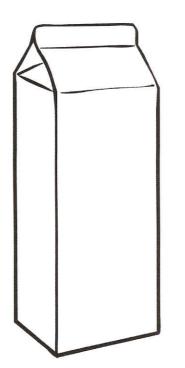


### **Food Nutrition Labels Making Healthy Choices**

Look at the nutrition labels on the two products below:



Serving Size: 150g		
	Quantity per serving	Quantity per 100g
Energy	600kJ	450kJ
Protein	4.2g	3g
Fat, total	7.4g	5g
- saturated	4.5g	3.Og
Carbohydrate, total	18.6g	12.4g
-sugars	18.6g	12.4g
Sodium	90mg	60mg
Ingredients: Whole Mill banana (10%), strawbe (3%), pear (2%), gelati	erry (5%), kiwi fr	uit (4%), plum



Servings per package: 2			
Serving Size: 50g			
	Quantity per serving	Quantity per 100g	
Energy	500kJ	450kJ	
Protein	4.2g	3g	
Fat, total	3.4g	6.8g	
- saturated	0.5g	1.Og	
Carbohydrate, total	10.0g	20.0g	
-sugars	7.0g	14.0g	
Sodium	50mg	100mg	
Ingredients: Water, ski	m milk, apple (29	), blueberry	



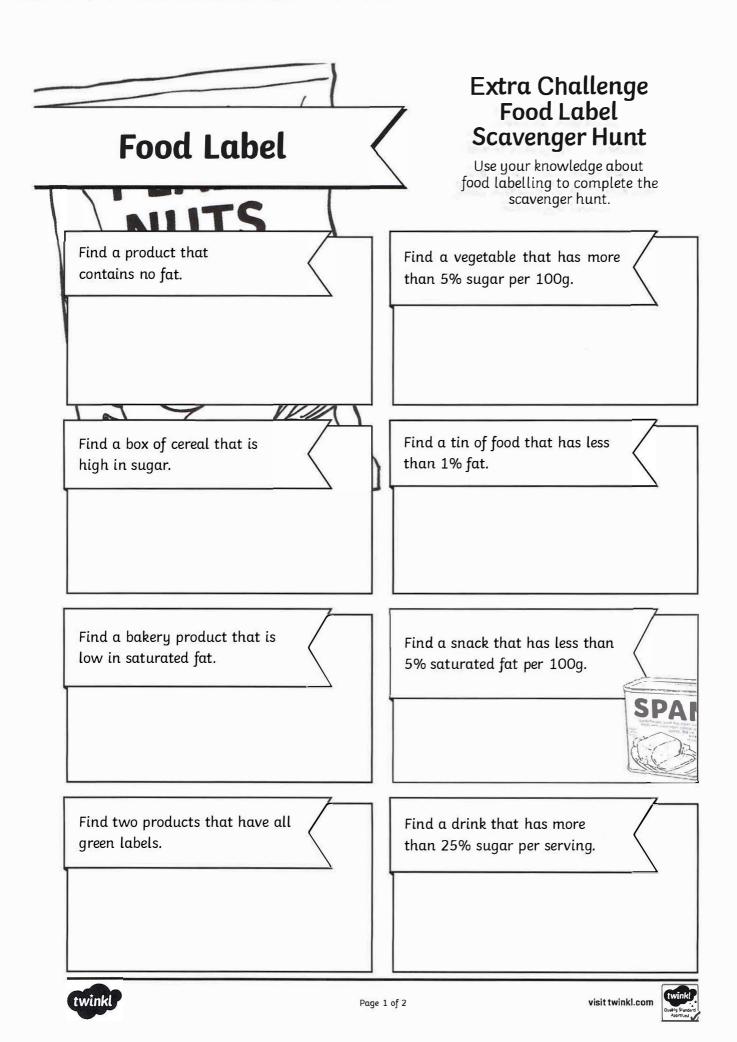


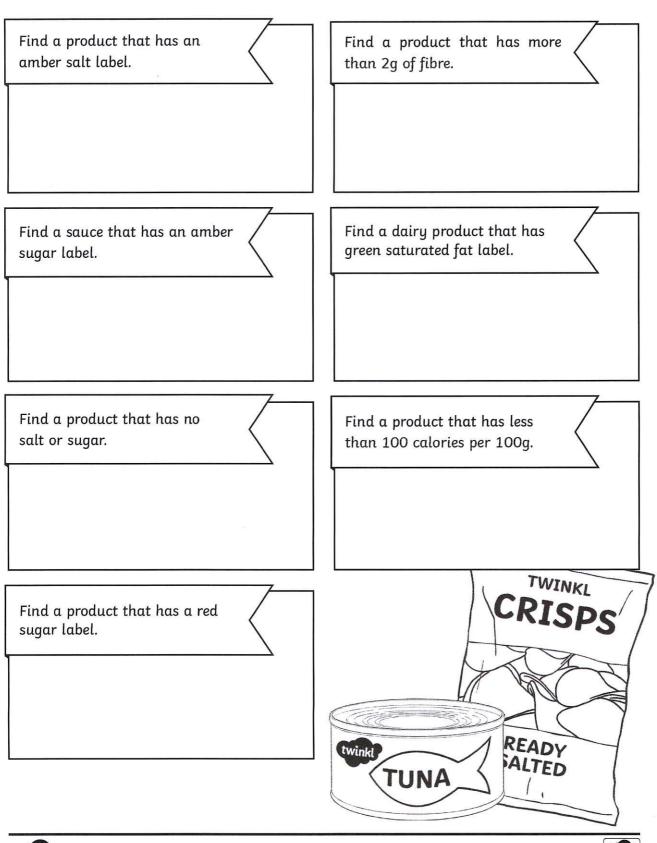
#### Food Nutrition Labels Making Healthy Choices

- 1. Which product has the most amount of sugar per serving?
- 2. Which product had the least amount of sodium?
- 3. Which product has the most amount of saturated fat?
- 4. Which product has fewer additives?
- 5. After reading the nutrition labels on both products, which would you choose as a healthier option? Explain why.

.....

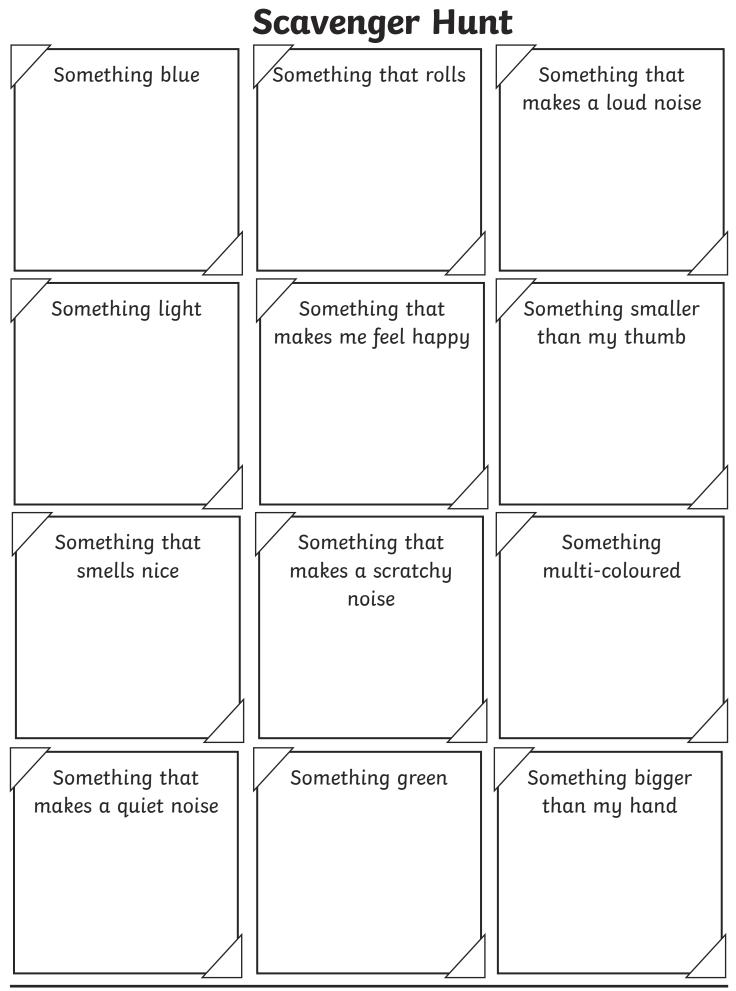








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## Scavenger Hunt

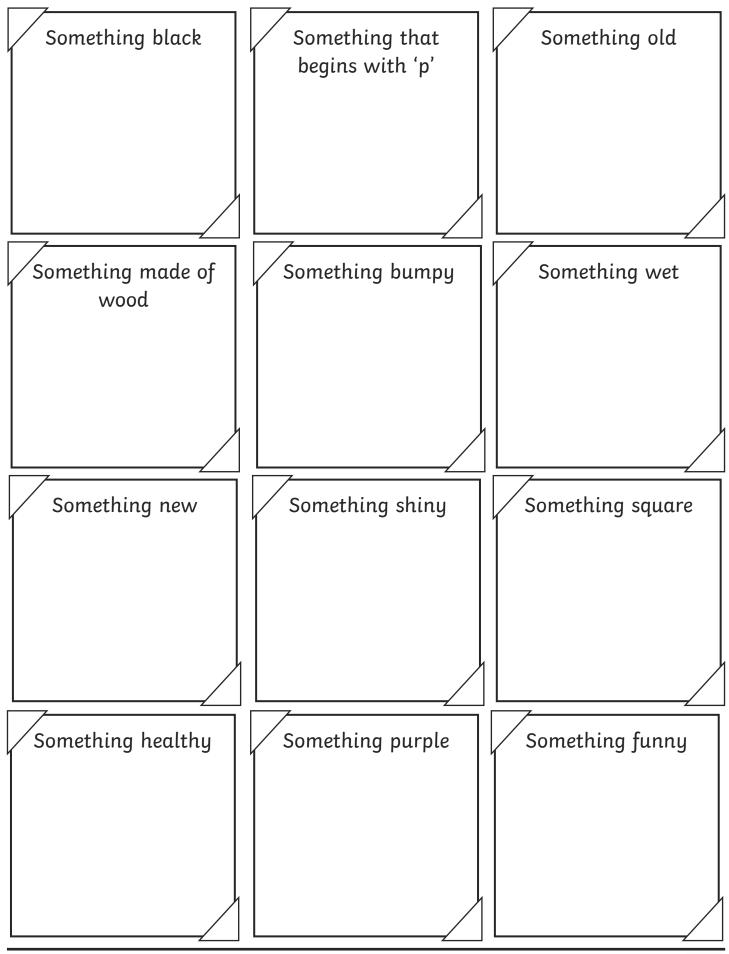




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# **Scavenger Hunt**

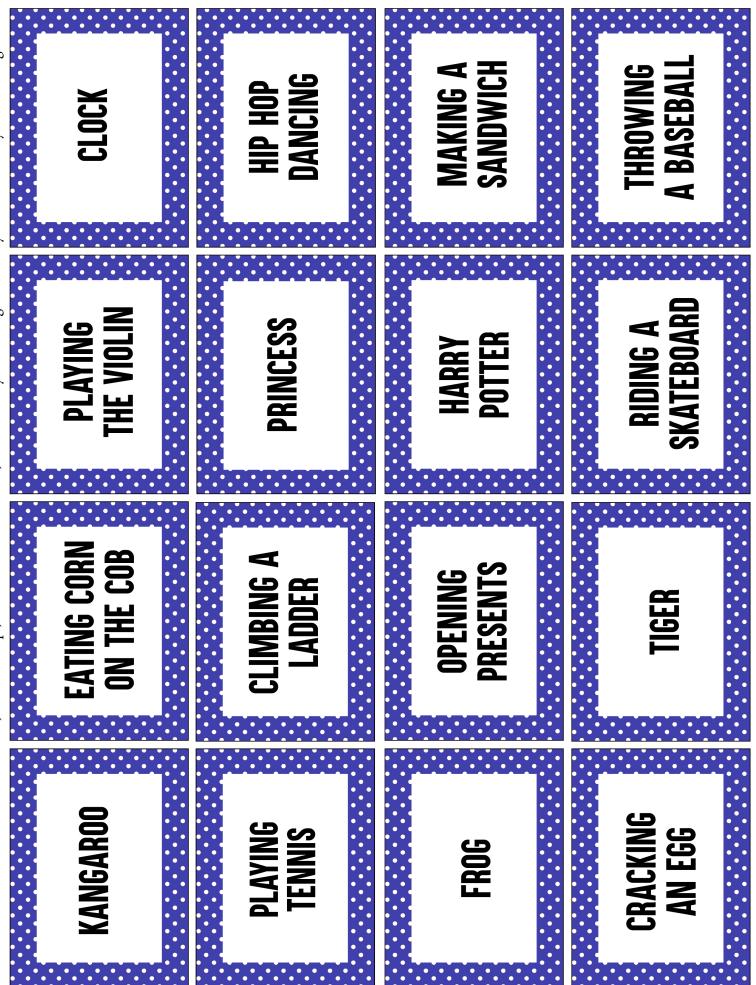




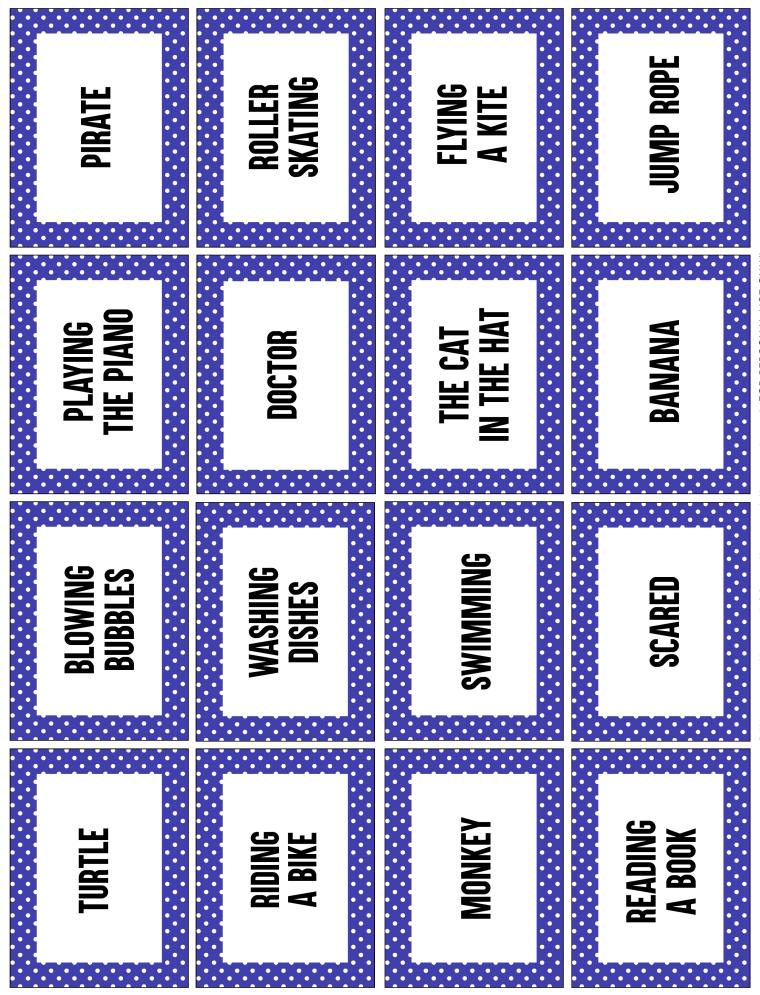
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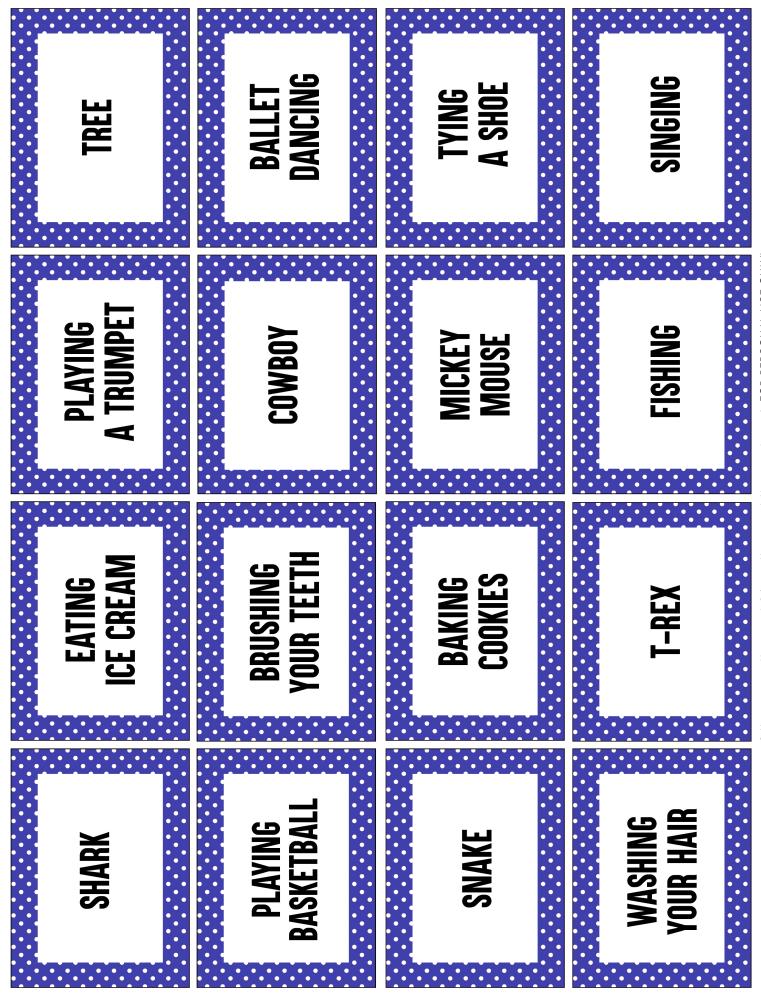
Brain break: Charades - Cut out cards, mix them up , choose a card to act out, have a family member guess what you are or what you are doing.



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